



# PORTLAND CAMPUS 2019 SUMMER GUIDE



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## DEAR MEMBERS,

We are thrilled to welcome you to Summer 2019 at Bay Club Portland. Summer is a time to do the things you want to do—whether that’s relax poolside, enjoy an early morning workout, or just spend time with family and friends.

For many of us, Memorial Day weekend is the traditional kick-off to the season. And we’re ready for you to experience happy, sunny days, doing summer your way. With this in mind, we’ve designed our 2019 Summer Guide to provide quick, convenient access to helpful programming and services information, as well as seasonal procedures and guidelines for the club.

## 2019 SUMMER UPDATES

We are so excited for the upcoming summer season. To help you make the most of your relaxing pool days, we will provide complimentary sunscreen and pool towels available for your use while you’re at the Club. Simply find the towel stand and help yourself. Please be sure to drop off your towels into a towel bin on your way out of the Club.

Mark your calendars for this year’s summer programming. We are focused on delivering exceptional experiences at our key signature summer events. Check out the programming section to learn more.

On behalf of the entire Bay Club team, we look forward to providing you and your family with memorable and enjoyable experiences throughout this summer and beyond!

*Jason Schlager*

Jason Schlager  
VP/GM

*Kim Jacobs*

Kim Jacobs  
Club Manager



## SIGNATURE SUMMER ACTIVITIES

Be on the lookout for many of our signature events—like Theme Days, Dive-In Movies, and Sports Sundays—that you’ve come to expect as a part of your summer.

## CLUB EVENTS

Make sure you mark your calendars for the following summer events:

### June | Dates Vary

- Wibit Nights
- Dive-In Movie
- Sports Sunday
- Third Thursday Live Music

### July | Dates Vary

- Wibit Nights
- Pool Theme Day
- Dive-In Movie
- Sports Sunday
- Summer Concert

### August | Dates Vary

- S’mores Day
- Wibit Nights
- Dive-In Movie
- Sports Sunday
- Third Thursday Live Music

*For details, see an associate or your club calendar.*

## WILD FOR WIBIT EVENTS

Join in the fun and run the obstacle course at the Bay Club. These sensational blow-up obstacle courses turn our pools into our very own aquatic adventure parks.

To ensure your kids are water confident and ready to have fun on the Wibit, sign up now for swim lessons. Choose from group or private lessons. To learn more about the Wibit, or to schedule swim lessons for your children, stop by the Aquatics office or contact us at [aquatics.bcpo@bayclubs.com](mailto:aquatics.bcpo@bayclubs.com).

*Wibit participants must be at least 44” tall and be able to tread water for one minute and swim 25 yards without goggles. Aquatics staff members and lifeguards are present at all Wibit events.*



## KIDS CAMPS

Youth programming is an important part of what we do at the Bay Club. We offer a wide variety of Specialty Camps for children ages 4 to 16 years old. Each camp is tailored to a specific age group, providing activities that foster innovation and shared learning, carefully balanced with free periods and downtime. Extended care is also available for before and after camp.

Your child may also select one of our popular Sports camps for children ranging in ages from 4 to 16 years old. Aquatics, Basketball, and Climbing Camps offer focused instruction to enhance skills, while still allowing free time for other camp pursuits, such as teambuilding activities, and games.

Here is our exciting camp and programs lineup this summer; please visit our website or ask an associate for full details.

- Aquatics Camp | Ages 4-12
- Sports and Activities Camp | Ages 4-12
- Steve Blake Basketball Camp | Ages 6-16
- Anti-Gravity Summer Climbing Camp | Ages 4-12
- Counselor in Training Camp | Ages 13-15
- Lego Camp | Ages 4-12
- Babysitting & CPR Course | Ages 11-16
- Nike Volleyball Camp | Ages 9-15
- Girl Power Camp | Ages 7-12
- Camp Fusion | Ages 7-12

## GUESTS

If you are bringing a guest to the Club, please be sure to check in at the Hospitality Desk and have your guest complete a registration and waiver form. It is imperative that members understand that they are responsible for all of the conduct, actions, and behavior of their guests while on Bay Club property. Guests may utilize the facilities or play a sport only when accompanied by a member. Each guest is limited to one visit per month and up to a total of no more than four visits per year regardless of which member he or she is the guest of and which club he or she visits. The Club reserves the right to limit the number of guests a member may bring to the Club and to adjust guest fees at any time without prior written notice.





## LIFESTYLE POINTS

As a Bay Club member, you are eligible to receive Lifestyle Points, which may be redeemed at any time. Use your Lifestyle Points on many of your favorite Bay Club experiences. From complimentary rounds of golf to a personal training session, you may use your Lifestyle Points for just about anything. To learn more about using your Lifestyle Points, inquire at the Reception Desk or go to [bayclubs.com/lifestylepoints](http://bayclubs.com/lifestylepoints). And remember that over the summer months (June through September), guest passes are eight points each.

## SAFETY AND ETIQUETTE

We are looking forward to a fun and safe summer season. By being familiar with and abiding by these policies, each member contributes to the enjoyment of a smooth summer. Here are a few things to remember when using the Club this summer.

## SWIM ATTIRE

To ensure a relaxing and comfortable club experience for everyone, we ask that all members and guests select their pool attire thoughtfully and refrain from wearing revealing swimwear in the pool area.

## WATER SAFETY

The Club is designed to assure that your children have fun and are properly attended to when you leave them in our care. We have an outstanding staff and multiple facilities for our various kids' camps and classes.

For an extra layer of safety, all children 13 years or younger are required to take a Water Safety Test, where they must:

- Swim 25 yards without goggles to the exit of the pool.
- Tread water for one minute in the deep end of the pool, keeping ears out of the water and nose pointing forward. After the minute is up, they must exit from the water on their own without using the ladder.

Passing will earn children a wristband that they must wear in the pool, indicating that they are water safe (though we still ask that they be supervised at all times). We will keep names of all who have passed on file in case a wristband is lost at any point. Children can take the test from any lifeguard or deck supervisor. If a child is not water safe, the parent/guardian must be in the pool with the child, within "arms reach."



## POOL SAFETY PLAN

Beginning Saturday, May 18, lifeguards will be on duty from 9:00 am-9:00 pm every day. As a reminder, our guards' primary responsibility is to ensure pool and deck safety. Therefore, we ask parents to please supervise their children at all times.

Lifeguards may call a Children's Pool Break of up to 10 minutes every hour to give kids a chance to rest and take a break from the water and sun. This is also a time to re-apply sunscreen, hydrate and use the restroom. During a Children's Pool Break, no children under the age of 14 are permitted in any of our pools. Our other children's guidelines are as follows:

- Please be aware that the use of any type of pool apparatus (including but not limited to inflatables, beach balls, and noodles) is at the discretion of the lifeguard staff and dependent upon the time of day and pool occupancy.
- Experts have warned that mono-fins and mermaid tails have been shown to increase the drowning risk in children. As an added precaution, we will no longer be allowing mono-fins or mermaid tails in our pools. For additional information about these findings, click [here](#) and [here](#).
- Triple-Up: As a matter of law, a pool must be temporarily shut down if a child has an accident in the water. Therefore, while using any Club pool or water feature, all non-potty trained kids must wear three layers: a swim diaper, reusable plastic pants, plus a swimsuit.
- Please make sure children use the restroom before they swim and encourage them to take a restroom break at least every hour.
- Please use the diaper changing stations located in the Cabana restrooms to change diapers; do not change diapers poolside or on lounge chairs in consideration of other members.
- We ask that children take a minimum 20-minute break after eating before using the pools.
- Keep your non-swimming children within arm's reach at all times. Flotation devices are not a substitute for adult supervision.
- Monitor your children at regular intervals for any signs of heat exhaustion or dehydration. It's recommended that children rest and drink four to six ounces of water hourly.

## FITNESS CENTER USAGE AND ETIQUETTE

With increased summer usage, it's important to keep the following guidelines in mind to ensure a pleasant Club experience for all. As a reminder, shirts and closed-toe shoes are required at all times in the Fitness Center.



As a courtesy to others, please return mats and weights to their designated areas, place trash and towels in the appropriate receptacles and limit your cardio workout to 30 minutes when others are waiting for a machine. Additionally, we ask that you allow others to work-in when using strength training equipment. And, as always, cell phone use is not permitted in this area of the clubs.

## YOUTH FITNESS ACCESS

Youth 10 years of age and younger are not allowed use of the fitness center unless under direct guidance of a personal trainer. Youth 11 years of age must be under direct adult supervision of an adult over the age of 18 or under direct guidance of a personal trainer. Direct adult supervision means the parent is watching the teen at all times. Youth ages 12 and over are allowed in the fitness center after they have completed the Teen Training Safety Course.

## HOLIDAY HOURS

Memorial Day and Labor Day: 6:00 am-10:00 pm

July 4: 6:00 am-7:00 pm

## STAY CONNECTED

With all of the exciting events, activities and programs we have planned throughout the summer, we want to be sure that you have all the resources available to you at your fingertips! To start, please enroll in **Bay Club Connect** at [bayclubconnect.com](http://bayclubconnect.com) if you haven't already done so, and be sure to download our new mobile app on the Apple Store or Google Play Store!

Additionally, the following links can provide all the details you need to plan a fun and festive season:

- Events Calendar: [bayclubs.com/portland/events](http://bayclubs.com/portland/events)
- Camps Website: [bayclubcamps.com](http://bayclubcamps.com)
- Facebook Page: [facebook.com/bayclubs](https://facebook.com/bayclubs)
- Instagram: [instagram/bayclubs](https://instagram/bayclubs)
- Blog: [onelombard.com](http://onelombard.com)
- Group Exercise Schedule: [bayclubs.com/classes](http://bayclubs.com/classes)
- Online Court Booking: [courtbooking.bayclubs.com](http://courtbooking.bayclubs.com)