



# EAST BAY CAMPUS 2019 SUMMER GUIDE



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## DEAR MEMBERS,

We are thrilled to welcome you to Summer 2019 at the East Bay Campus. Summer is a time to do the things you want to do—whether that’s relax poolside, enjoy an early morning on the golf course, or just spend time with family and friends.

For many of us, Memorial Day weekend is the traditional kick-off to the season. And we’re ready for you to experience happy, sunny days, doing summer your way. With this in mind, we’ve designed our 2019 Summer Guide to provide quick, convenient access to helpful programming and services information, as well as seasonal procedures and guidelines for the club.

## 2019 SUMMER UPDATES

We are so excited for the upcoming summer season. To help you make the most of your relaxing pool days, we are excited to introduce our Poolside Concierge Service! Beginning Memorial Day Weekend, you can count on a concierge host to take care of you from the moment you arrive—whether you need additional towels, sunscreen, or a refreshing beverage.

Mark your calendars for this year’s summer programming. We are focused on delivering exceptional experiences at our key signature summer events. Check out the programming section to learn more.

On behalf of the entire Bay Club team, we look forward to providing you and your family with memorable and enjoyable experiences throughout this summer and beyond!

*Elias Mandilaras*

Elias Mandalaris  
VP/GM Walnut Creek

*Amy Tye*

Amy Tye  
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*Jennifer Beaton*

Jennifer Beaton  
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*Jaime Meafou*

Jaime Meafou  
GM Fremont



## WEEKEND POOLSIDE CONCIERGE SERVICE

Service is a year-round hallmark of the Bay Club, and we strive to make each visit a special experience that delivers the luxury and attention of a top resort. Each weekend, you'll be greeted by one of our team members who will take care of you from the time you arrive to the time you leave. Simply let us know what you need and we'll make sure you have it.

## SIGNATURE SUMMER ACTIVITIES

It's all at the Bay Club this summer! We'll be featuring poolside food and beverage service from 11:00 am to 4:00 pm on weekends throughout the summer at Pleasanton and Fremont and 11:00 am to 7:00 pm at Walnut Creek, so that you don't have to leave the comfort of your lounge chair to order your lunch or drinks. During this time, please plan to visit our host stand before heading to a lounge chair to ensure an excellent experience for all.

Also, be sure to look for many of our signature events—like Wubit Events and Dive-In Movies—that you've come to expect as a part of your summer.

## CLUB EVENTS

Be sure to mark your calendars for the following summer events at Walnut Creek, Pleasanton, and Fremont:

### Memorial Weekend Events

#### Memorial Day Kick-Off

- Wubit and Pool Games
- BBQ
- DJ

### Thursday, July 4

#### Fourth of July Party

- Family Games
- BBQ, Cotton Candy, and More!

### Labor Day Weekend Events

#### Labor Day Pool Party

- Wubit and Pool Games
- BBQ

*\*All summer events vary by location and are subject to change. For details, see an associate or your club calendar.*



## WILD FOR WIBIT EVENTS

Little ones can run the obstacle course or climb to the top of the Action Tower at the Bay Club! These sensational blow-up obstacle courses turn our Bay Club pools into our very own aquatic adventure parks. Join in the fun! To ensure your kids are water confident and ready to have fun on the Wibit, sign-up now for swim lessons, offered in 4 packs. Pricing is based on the instructor tiers and availability varies. Please note, the Wibits are not currently available at Bay Club Walnut Creek due to the depth of the pool. To learn more and find out if the Wibit will be at your Club this summer, or to schedule swim lessons for your children, stop by the concierge desk.

*Wibit participants must be at least 42" tall and be able to tread water for one minute and swim 25 yards without goggles. Aquatics staff members and lifeguards are present at all Wibit events.*

## BOGAFIT

We love taking advantage of California's great weather—and what a better way to do it than with a pool workout? We are thrilled to partner with BOGAfit who has been spearheading the floating fitness mat revolution with not only a high quality board, but comprehensive programming. So join us in the pool for this fun low impact, high intensity workout! Please note that while a BOGAfit class is in session, the pool is not open for recreational use. To find out the BOGAfit schedule, visit [bayclubs.com/classes](http://bayclubs.com/classes) or look for in-club signage.

## KIDS CAMPS

Youth programming is an important part of what we do at the Bay Club. We offer a wide variety of Kids Camps, and Specialty programs for children ages 3 to 15 years old. Each camp is tailored to a specific age group, providing activities that foster innovation and shared learning, carefully balanced with free periods and downtime. Extended care is also available for before and after camp.

Your child may also select one of our popular Sports camps for children ages 5 to 12 years old. Sports camps offer instruction in a focused activity like Tennis, Basketball, Racquetball, Badminton, and Swimming, while still allowing free time for other camp activities, such as games and crafts.

Here is our exciting camp and program lineup at the East Bay Clubs this summer; please visit our website or ask an associate for full details.



### Bay Club Walnut Creek Camps

- Sports & Activities Camp | Ages 5-12
- Splash of Styles Dance Camp | Ages 3-5
- Discover Camp | Ages 5-9
- Craft Camp | Ages 5-9
- Castle Tales Musical Theater Camp | Ages 4-7
- Counselor in Training | Ages 13-15

### Bay Club Fremont Camps

- Kids Camp | Ages 5-12
- Squash Camp | Ages 5-18
- Junior Aces Tennis Camp | Ages 8-14
- QuickStart Tennis Camp | Ages 5-8

### Bay Club Pleasanton Camps

- Kids Camp | Ages 5-12
- Little Explorers Camp | Ages 3-5
- Counselor in Training | Ages 13-15
- Basketball Hoops Camp | Ages 8-12
- Racquetball Camp | Ages 8-12
- Intro to Racquetball Camp | Ages 6-8
- Strength and Conditioning Camp | Ages 9-14
- Badminton Camp | Ages 7-12
- Junior Tennis Camp | Ages 6-14
- Platinum Tennis Camp | Ages 14-18
- Summer Swim Clinic | Ages 7-17
- Future Scientist Camp | Ages 6-12
- So You Can Sing & Dance Camp | Ages 6-12
- Cooking Camp | Ages 6-12
- Craft Camp | Ages 5-12
- Lego Camp | Ages 5-9

## GUESTS

If you are bringing a guest to the Club, please be sure to check in at the Hospitality Desk and have your guest complete a registration and waiver form. It is imperative that members understand that they are responsible for all of the conduct, actions, and behavior of their guests while on Bay Club property. Guests may utilize the facilities or play a sport only when accompanied by a member. Each guest is limited to one visit per month and up to a total of no more than four visits per year regardless of which member he or she is the guest of and which club he or she visits. The Club reserves the right to limit the number of guests a member may bring to the Club and to adjust guest fees at any time without prior written notice.



## LIFESTYLE POINTS

As a Bay Club member, you are eligible to receive Lifestyle Points, which may be redeemed at any time. Use your Lifestyle Points on many of your favorite Bay Club experiences. From complimentary rounds of golf to a personal training session, you may use your Lifestyle Points for just about anything. To learn more about using your Lifestyle Points, inquire at the Reception Desk or go to [bayclubs.com/lifestylepoints](http://bayclubs.com/lifestylepoints). And remember that over the summer months (June through September), guest passes are eight points each.

## SAFETY AND ETIQUETTE

We are looking forward to a fun and safe summer season. By being familiar with and abiding by these policies, each member contributes to the enjoyment of a smooth summer. Here are a few things to remember when using the Club this summer.

## SWIM ATTIRE

To ensure a relaxing and comfortable club experience for everyone, we ask that all members and guests select their pool attire thoughtfully and refrain from wearing revealing swimwear in the pool area.

## WATER SAFETY

The Club is designed to assure that your children have fun and are properly attended to when you leave them in our care. We have an outstanding staff and multiple facilities for our various kids' camps and classes.

For an extra layer of safety, all children 13 years or younger are required to take a Water Safety Test, where they must:

- Swim 25 yards without goggles to the exit of the pool.
- Tread water for one minute in the deep end of the pool, keeping ears out of the water and nose pointing forward. After the minute is up, they must exit from the water on their own without using the ladder.

Passing will earn children a wristband that they must wear in the pool, indicating that they are water safe (though we still ask that they be supervised at all times). We will keep names of all who have passed on file in case a wristband is lost at any point. Children can take the test from any lifeguard or deck supervisor. If a child is not water safe, the parent/guardian must be in the pool with the child, within "arms reach."



## POOL SAFETY PLAN

**Pleasanton:** Beginning Memorial Day Weekend, lifeguards will be on duty Saturday and Sunday from 11:00 am to 6:00 pm. Our weekday lifeguard schedule will go into effect Monday, June 3, with a lifeguard being on duty Monday through Friday from 11:00 am to 7:00 pm.

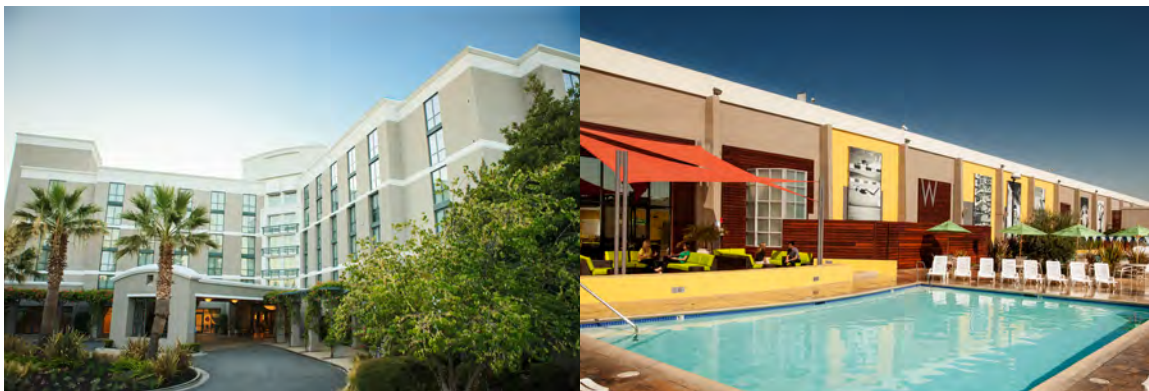
**Fremont:** During early summer, lifeguards will be on duty Saturday and Sunday from 12:00 pm to 6:00 pm and Monday through Friday from 4:00 pm to 7:00 pm. Beginning Friday, June 14, lifeguards will be on duty Friday, Saturday, and Sunday from 12:00 pm to 7:00 pm and Monday through Thursday from 10:00 am to 8:30 pm.

**Walnut Creek:** Beginning Memorial Day Weekend, lifeguards will be on duty Saturday and Sunday from 11:00 am to 7:00 pm. Our weekday lifeguard schedule will go into effect Friday, June 10, with a lifeguard being on duty Monday through Friday from 11:00 am to 7:00 pm.

As a reminder, our guards' primary responsibility is to ensure pool and deck safety. Therefore, we ask parents to please supervise their children at all times. Lifeguards may call a Children's Pool Break of up to 10 minutes every hour to give kids a chance to rest and take a break from the water and sun. This is also a time to re-apply sunscreen, hydrate and use the restroom. During a Children's Pool Break, no children under the age of 14 (18 at Pleasanton) are permitted in any of our pools. Our other children's guidelines are as follows:

- Please be aware that the use of any type of pool apparatus (including but not limited to inflatables, beach balls, and noodles) is at the discretion of the lifeguard staff and dependent upon the time of day and pool occupancy.
- Experts have warned that mono-fins and mermaid tails have been shown to increase the drowning risk in children. As an added precaution, we will no longer be allowing mono-fins or mermaid tails in our pools. For additional information about these findings, click [here](#) and [here](#).
- Triple-Up: As a matter of law, a pool must be temporarily shut down if a child has an accident in the water. Therefore, while using any Club pool or water feature, all non-potty trained kids must wear three layers: a swim diaper, reusable plastic pants, plus a swimsuit.
- Please make sure children use the restroom before they swim and encourage them to take a restroom break at least every hour.
- Please use the diaper changing stations located in the Cabana restrooms or Family Changing Rooms to change diapers; do not change diapers pool side or on lounge chairs in consideration of other members.
- We ask that children take a minimum 20-minute break after eating before using the pools.





- Keep your non-swimming children within arm's reach at all times. Flotation devices are not a substitute for adult supervision.
- Monitor your children at regular intervals for any signs of heat exhaustion or dehydration. It's recommended that children rest and drink four to six ounces of water hourly.

## FITNESS CENTER USAGE AND ETIQUETTE

With increased summer usage, it's important to keep the following guidelines in mind to ensure a pleasant Club experience for all. As a reminder, shirts and closed-toe shoes are required at all times in the Fitness Center. As a courtesy to others, please return mats and weights to their designated areas, place trash and towels in the appropriate receptacles and limit your cardio workout to 30 minutes when others are waiting for a machine. Additionally, we ask that you allow others to work-in when using strength training equipment. And, as always, cell phone use is not permitted in this area of the clubs.

## YOUTH FITNESS ACCESS

Children under the age of 12 are not allowed to use the Fitness Center, unless they are working with one of the Club's trainers. Members ages 12 and older are allowed in the Fitness Center if they have taken our Teen Training Safety Course.

## STAY CONNECTED

With all of the exciting events, activities and programs we have planned throughout the summer, we want to be sure that you have all the resources available to you at your fingertips! To start, please enroll in **Bay Club Connect** at [bayclubconnect.com](http://bayclubconnect.com) if you haven't already done so, and be sure to download our new mobile app on the Apple Store or Google Play Store!

Additionally, the following links can provide all the details you need to plan a fun and festive season:

- Events Calendar: [bayclubs.com/events](http://bayclubs.com/events)
- Camps Website: [bayclubcamps.com](http://bayclubcamps.com)
- Facebook Page: [facebook.com/bayclubs](https://facebook.com/bayclubs)
- Instagram: [instagram.com/bayclubs](https://instagram.com/bayclubs)
- Blog: [onelombard.com](http://onelombard.com)
- Group Exercise Schedule: [bayclubs.com/classes](http://bayclubs.com/classes)
- Online Court Booking: [courtbooking.bayclubs.com](http://courtbooking.bayclubs.com)