



# CLUB LIFE



## CLUB HIGHLIGHTS

### CELEBRATING LABOR DAY

Monday, September 5

Grab your friends and family and join us for poolside fun this Labor Day with a special menu from the grill—hot dogs, burgers with friends, brisket with coleslaw, macaroni salad, and more.

### NATIONAL LOBSTER DAY

Sunday, September 25 | 11:00 am-5:00 pm

Come enjoy a lobster po'boy for one day only at Citrus Bar & Grill.

### FALL IN LOVE WITH R SPA

Receive a free one-hour massage when you purchase six spa treatments. Contact R Spa at 925.942.6379 for more details.

## FALL INTO THE SPIRIT OF THE SEASON

Fall has finally arrived—can you believe it? From fitness classes to sporting events and exciting family programs, everyone has something to look forward to at the Club this season. With school back in session, it's a great time to check out our new after-school activities.

### WE'RE EXPANDING OUR CREW

Know a high school student who'd like to earn some money for the holidays? We'd love to have them on the team!



Scan the QR Code to learn more or inquire at the Front Desk today.



**LABOR DAY SALE AT R SPA**

Monday, September 5 | 9:00 am-7:00 pm

Shop our newest arrivals and save up to 30% off your retail purchase during our Labor Day sale at R Spa.

**SPA WEEK**

Monday, September 12-Friday, September 16

Enjoy daily spa specials, product samples, and free gifts when you receive a massage or facial during Spa Week. Contact R Spa at 925.942.6379 to learn more.



**BINGO FUN NIGHT**

Saturday, September 17 | 5:00 pm-8:00 pm

Get ready for an evening at the Club while your children enjoy bingo, a movie, and a pizza dinner. Parents must remain onsite for the entire evening. Register on Bay Club Connect.



**DANCE PARTY DATE NIGHT**

Friday, September 30 | 5:00 pm-8:00 pm

Spend an evening at the Club while your children have a great time with dance games, a movie, and a pizza dinner. Parents must remain onsite for the entire evening. Sign up on Bay Club Connect.

**SEPTEMBER R SPA SPECIALS**

Schedule an appointment today by calling 925.942.6379.

Seasonal Tropical Warm Organic Coconut Massage (50 min) | Member price: \$135

Fall in Love with Hydration Oxygen Facial | Member price: \$180

Stock Up and Save: Get 15% off\* all skincare products when you purchase three or more items. \*exclusions may apply.





### YOUTH SPORTS PERFORMANCE

Tuesday, September 6-Tuesday, October 4

In this 4-week session, your child will experience a challenging and fun way to improve their athleticism—from coordination to speed and strength. Cost: \$25 per workout, 2x/week. To sign up, email [Fernando.Morales@bayclubs.com](mailto:Fernando.Morales@bayclubs.com) or [Joey.Levine@bayclubs.com](mailto:Joey.Levine@bayclubs.com).



### ELEVATE FALL SEASON RETURNS

Tuesday, September 6-Saturday, October 29

With 32 workouts, our 8-week ELEVATE program combines strategic exercise, nutrition, and community support to keep you motivated. For more information or to sign up, contact Jonathan. [Mahar@bayclubs.com](mailto:Mahar@bayclubs.com) or [Joey.Levine@bayclubs.com](mailto:Joey.Levine@bayclubs.com).



### NATIONAL DANCE DAY PARTY

Saturday, September 17 | 12:30 pm

Prepare to dance with our top instructors as they lead the ultimate dance party. Register on Bay Club Connect.



### NEW CLASSES THIS FALL

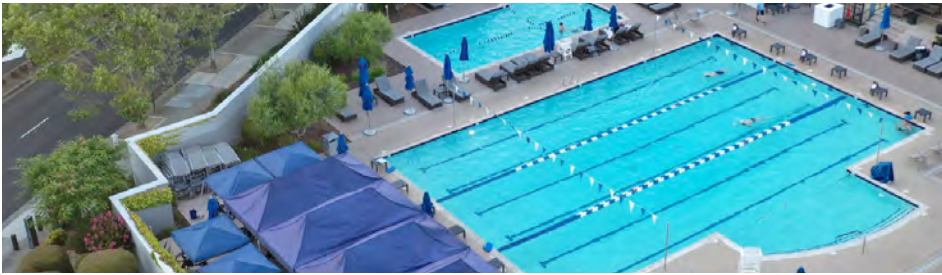
Check out the latest classes on Bay Club Connect. This season's classes include: Vinyasa Yoga, Aqua Mixed Jam, Roll & Release, Step-up to Definition, Fusion Fun, and Yoga Flow.

### PILATES AT THE BAY CLUB

Our Pilates instructors at Bay Club Walnut Creek have been dedicated to the art of Pilates for over 20 years. As we work on expanding our Pilates schedule, feel free to email our Assistant General Manager at [Joey.Levine@bayclubs.com](mailto:Joey.Levine@bayclubs.com) if you have any requests. Sign up for a class today on Bay Club Connect.



# CALENDAR OF EVENTS



## CLUB HOURS OF OPERATIONS

Monday through Friday: 5:30 am-9:30 pm  
 Saturday and Sunday: 6:00 am-8:00 pm

SEPTEMBER						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1 Happy Hour at Citrus Bar & Grill 2:00 pm-5:00 pm	2 National Food Bank Day All Day Friday Night Live Jazz 5:00 pm-8:00 pm	3
4 Labor Day Sale at R Spa 9:00 am-7:00 pm Happy Hour at Citrus Bar & Grill 2:00 pm-5:00 pm	5 ELEVATE Fall Session Begins Spa Special: Moms can relax at R Spa and receive 15% off any massage or facial treatment By Reservation Happy Hour at Citrus Bar & Grill 2:00 pm-5:00 pm	6 Wing Wednesday at Citrus Bar & Grill All Day Happy Hour at Citrus Bar & Grill 2:00 pm-5:00 pm	7 Happy Hour at Citrus Bar & Grill 2:00 pm-5:00 pm	8 Happy Hour at Citrus Bar & Grill 2:00 pm-5:00 pm	9 Friday Night Jazz 5:00 pm-8:00 pm	10
11 National Chocolate Milkshake Day Happy Hour at Citrus Bar & Grill 2:00 pm-5:00 pm	12 Happy Hour at Citrus Bar & Grill 2:00 pm-5:00 pm	13 Wing Wednesday at Citrus Bar & Grill All Day Happy Hour at Citrus Bar & Grill 2:00 pm-5:00 pm	14 Happy Hour at Citrus Bar & Grill 2:00 pm-5:00 pm	15 Happy Hour at Citrus Bar & Grill 2:00 pm-5:00 pm	16 Let's Play-Doh Day! All Day Friday Night Jazz 5:00 pm-8:00 pm	17 National Monte Cristo Day National Dance Day Dance Party 12:30 pm Bingo Fun Night at Kids' World 5:00 pm-8:00 pm
18 Special Menu Item: National Cheeseburger Day	19 Happy Hour at Citrus Bar & Grill 2:00 pm-5:00 pm	20 Happy Hour at Citrus Bar & Grill 2:00 pm-5:00 pm	21 Wing Wednesday at Citrus Bar & Grill All Day Happy Hour at Citrus Bar & Grill 2:00 pm-5:00 pm	22 National Girls Night: Ladies enjoy a wine greeting with your spa treatment at R Spa- By Reservation Eminence Organic Skin Care Illumiate Event 8:00 am-12:00 pm Culinary Pasta Night with Chef Travis 5:00 pm-6:30 pm	23 Happy Hour at Citrus Bar & Grill 2:00 pm-5:00 pm Friday Night Jazz 5:00 pm-8:00 pm	24
25 Happy Hour at Citrus Bar & Grill 2:00 pm-5:00 pm	26 Hydrofacial Event at R Spa By Reservation Anniversary Sale at R Spa 9:00 am-7:00 pm Happy Hour at Citrus Bar & Grill 2:00 pm-5:00 pm	27 Anniversary Sale at R Spa 9:00 am-7:00 pm Wing Wednesday at Citrus Bar & Grill All Day Happy Hour at Citrus Bar & Grill 2:00 pm-5:00 pm	28 Anniversary Sale at R Spa 9:00 am-7:00 pm Culinary Night with Chef Travis Simple meals under 30 minutes 5:00 pm-6:30 pm	29 Happy Hour at Citrus Bar & Grill 2:00 pm-5:00 pm Dance Party Date Night at Kids' World 5:00 pm-8:00 pm Friday Night Jazz 5:00 pm-8:00 pm	30	1

## HAVE A QUESTION?

Scan to read our FAQ or contact us through Bay Club Connect.



Scan to read our FAQ

OR



- Open your **CONNECT APP**.
- Select **MORE** on the bottom right corner.
- Select **CONTACT US**.
- Select the tile that best suits your question.
- A team member will get back to you as soon as possible—our goal is 72 hours.

Activities and classes are subject to change at any time. Check Bay Club Connect for the latest updates, or contact the Front Desk if you have any questions.