



CLUB LIFE



CLUB HIGHLIGHTS

LABOR DAY

In observance of Labor Day, Bay Club Financial District will be closed on Monday, September 5.

SHOWCASE EVENT

Wednesday, September 21 | 5:00 pm-8:00 pm
Sign up for your favorite class and enjoy complimentary light bites. Guests are welcome.

FREE GUEST FRIDAY

Friday, September 2
Bring a guest and enjoy all the Club's offerings.

FALL INTO THE SPIRIT OF THE SEASON

Fall has finally arrived—can you believe it? From fitness classes to Sporting events and exciting family programs, everyone has something to look forward to at the Club this season. With school back in session, it's a great time to check out our new after-school activities.

WE'RE EXPANDING OUR CREW

Know a high school student who'd like to earn some money for the holidays? We'd love to have them on the team!



Scan the QR Code to learn more.



VINYASA AND VINO AT BAY CLUB SAN FRANCISCO

Thursday, September 15 | 6:00 pm-8:00 pm

Join us on our beautiful rooftop for an instructor-led Vinyasa Flow followed by wine at sunset.



SHOWCASE EVENT

Wednesday, September 21 | 5:00 pm-8:00 pm

Stop by the Club with a friend as we feature new classes and instructors, followed by light refreshments in the Lobby.



BAGEL THURSDAYS

Every Thursday | 6:00 am-8:00 am

Start your day bright and early with complimentary bagels in the Lobby.



KIDS' NIGHT OUT AT BAY CLUB GATEWAY

Saturdays in September | 6:00 pm-10:00 pm

Drop off your kids for a fun-filled evening at the Club, including pool time fun, dinner, and a movie. For more information and to sign up, visit Bay Club Connect.

THE BENEFITS OF SHARED MEMBERSHIP

Did you know you can take advantage of all our amenities with your friends and family?
Add up to 5 people to your roster today and share the joys of membership.



RAQUEL'S THERAPEUTIC YOGA FLOW

Tuesdays | 12:15 pm

Great for beginners! Join us for precise yoga poses to help you achieve optimal alignment and improve your overall well-being.



NEW CLASS! IGNITE (FULL BODY) & BARRE

Mondays | 11:30 am and 12:30 pm

Join Hillary Klausner on your lunch hour for a full-body workout. With dynamic motions, you'll not only be burning calories but building muscle, strength, balance, and alignment.



TRAIN LIKE A PRO WITH GERARDO KROELL

Mondays-Saturdays | 12:00 pm-5:00 pm

Available at Bay Club San Francisco and Bay Club Financial District. Gerardo, a former dancer for the National Guatemalan Ballet and Municipal Ballet, now specializes in helping members with balance, flexibility, strength, and weight loss. Email gerardo.kroell@bayclubs.com to book your complimentary assessment today.



FALL BASKETBALL LEAGUE AT BAY CLUB SAN FRANCISCO

Tuesdays and Wednesdays | 5:00 pm-9:00 pm

Ready for some friendly competition on the court? The Fall Basketball League begins Tuesday, September 13. Email basketball.bcsf@bayclubs.com for more details and to sign up by August 31.

CHECK OUT OUR LATEST CLASS OFFERINGS THIS SEASON AND DISCOVER SOMETHING NEW.

See the full schedule and sign up on Bay Club Connect.



CALENDAR OF EVENTS



CLUB HOURS OF OPERATIONS

Monday through Friday: 5:00 am-8:00 pm

Saturday and Sunday: Closed

SEPTEMBER						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1	2	3
					Free Guest Friday	
4	5	6	7	8	9	10
	Club Closed in Observance of Labor Day	Raquel's Therapeutic Yoga Flow 12:15 pm		Complimentary Bagels 6:00 am-8:00 am		
11	12	13	14	15	16	17
Full Body IGNITE with Hillary Klausner 11:30 am Barre with Hillary Klausner 12:30 pm		Raquel's Therapeutic Yoga Flow 12:15 pm		Complimentary Bagels 6:00 am-8:00 am		
18	19	20	21	22	23	24
Full Body IGNITE with Hillary Klausner 11:30 am Barre with Hillary Klausner 12:30 pm		Raquel's Therapeutic Yoga Flow 12:15 pm	Showcase Event 5:00 pm-8:00 pm	Complimentary Bagels 6:00 am-8:00 am		
25	26	27	28	29	30	1
Full Body IGNITE with Hillary Klausner 11:30 am Barre with Hillary Klausner 12:30 pm		Raquel's Therapeutic Yoga Flow 12:15 pm		Complimentary Bagels 6:00 am-8:00 am		

HAVE A QUESTION?

Scan to read our FAQ or contact us through Bay Club Connect.



Scan to read our FAQ

OR



- Open your **CONNECT APP**.
- Select **MORE** on the bottom right corner.
- Select **CONTACT US**.
- Select the tile that best suits your question.
- A team member will get back to you as soon as possible—our goal is 72 hours.

Activities and classes are subject to change at any time. Check Bay Club Connect for the latest updates, or contact the Front Desk if you have any questions.