



CLUB LIFE



STARS, STRIPES, AND SUNSHINE

We're a month into summertime already, but here at the Bay Club, the fun is only getting started. We've got so much to look forward to this month, including Fourth of July family and fitness events, summer camp, poolside gatherings, and so much more! Enjoy the beautiful weather and all the festivities here at the Bay Club.

CLUB HIGHLIGHTS

JULY 4TH AT THE CLUB

We'll be celebrating Independence Day poolside. What can be better than swimming, games, food and drink specials, and the return of the WIBIT!

FRIDAY FUN NIGHTS

Friday Night is fun night at the Club. Enjoy pool games and fun for the whole family.

NATIONAL TEQUILA DAY

Wednesday, July 27 | 3:00 pm-6:00 pm
Grab a drink with friends by the pool or at the bar and enjoy discounted tequila drinks during Happy Hour.



WE'RE HIRING!
There's still time to join our crew! Find a rewarding career at the Bay Club.



Scan the QR code to learn more.



ICE CREAM DATE NIGHT

July 8 | 5:00 pm-8:00 pm

Enjoy an evening at the Bay Club with food at Citrus or drinks by the pool while your children have a great time with their friends at Kids' World. To sign up, enroll for Kids World using Bay Club Connect.



KIDS FUN NIGHT

July 16 | 5:00 pm-8:00 pm

Children will enjoy pizza and a movie while parents enjoy a night of fun with friends at the Club. To sign up, enroll for Kids World using Bay Club Connect.



4TH OF JULY SALE AT R SPA

Monday, July 4

Receive 25% off luxury retail items at the spa! Explore our wide selection of spa services while you shop for your favorite items.



LULULEMON SIP & SHOP EVENT

Tuesday, July 26

You're invited to our Release Party for everything Lululemon! Sip on a complimentary mimosa while you find the perfect pair of leggings or workout top.

R SPA SUMMER SPA SPECIALS | JULY 1- JULY 31ST

Body polish & spray tan are \$150. A 50-minute massage & body scrub is only \$225. Brightening facial and eye lift are only \$165. Call (925) 942- 6379 today to book your session!



ELEVATE

Monday, June 27 through Saturday, July 23

If you are trying to get your body tuned up for the long hot summer, our high-intensity Elevate program is perfect for you! Please contact Jonathan.Mahar@bayclubs.com or Joey.Levine@bayclubs.com to sign up or ask any questions.



YOUTH SPORTS PERFORMANCE

July 5 through July 30

Our Youth Sports Performance program is designed to bring your child's game to the next level and help them build confidence and skill. Please contact our lead coach at Fernando.Morales@bayclubs.com or our AGM Joey.Levine@bayclubs.com to sign up!



WOMEN'S FITNESS 101

Mondays and Thursdays | 9:30 am-10:30 am

If you are looking for a small group of women to workout with, this is a great way to build that confidence so you can be your best self. Sign up today by either emailing Sabrina.Hansia@bayclubs.com or Joey.Levine@bayclubs.com.



PILATES

Sunday Mornings & Wednesday Mornings, Afternoons, and Evenings

This empowering class will help you create muscle tone and definition while strengthening the abdominal and back muscles. Email AGM Joey Levine at Joey.Levine@bayclubs.com for more information or to sign up.

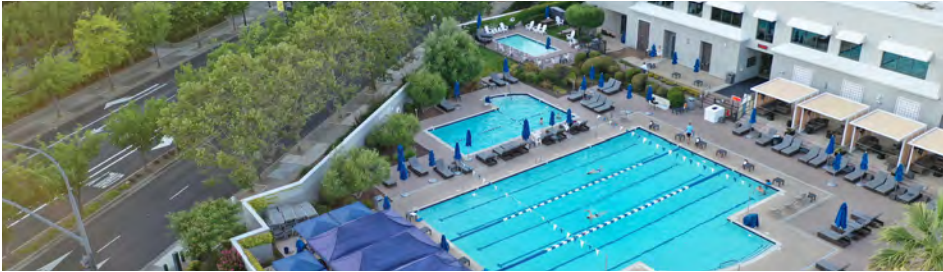
TRUE BALANCE

Tuesdays & Thursdays at 10:00 am and Wednesdays at 6:00 pm

True Balance is a variety class that uses specialty equipment to strengthen and tone muscles. Join this life-changing class by emailing Daniel.adler@bayclubs.com or receive personal training by emailing joey.levine@bayclubs.com.



CALENDAR OF EVENTS



CLUB HOURS OF OPERATIONS

Monday through Friday: 5:30 am-9:30 pm

Saturday and Sunday: 6:00 am-8:00 pm

JULY						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Date Night at Citrus Friday Night Fun 5:00 pm-8:00 pm	2
3 Sunday Fundays Poolside 12:00 pm-4:00 pm	4 Pool Party All Day 4th of July R SPA Sale All Day Women's Fitness 101 9:30 am-10:30 am	5	6 Wings Wednesday at Citrus-\$1 Wings 11:00 am-6:00 pm	7 Women's Fitness 101 9:30 am-10:30 am	8 Ice Cream Date Night 5:00 pm-8:00 pm Friday Night Fun 5:00 pm-8:00 pm	9
10 Sunday Fundays Poolside 12:00 pm-4:00 pm	11 Women's Fitness 101 9:30 am-10:30 am	12	13 Wings Wednesday at Citrus-\$1 Wings 11:00 am-6:00 pm	14 Women's Fitness 101 9:30 am-10:30 am	15 Date Night at Citrus 5:00 pm-8:00 pm Friday Night Fun 5:00 pm-8:00 pm	16 Kids Fun Night 5:00 pm-8:00 pm
17 Sunday Fundays Poolside 12:00 pm-4:00 pm	18 Women's Fitness 101 9:30 am-10:30 am	19	20 Wings Wednesday at Citrus-\$1 Wings 11:00 am-6:00 pm	21 Women's Fitness 101 9:30 am-10:30 am	22 Date Night at Citrus 5:00 pm-8:00 pm Friday Night Fun 5:00 pm-8:00 pm	23 Vanilla Ice Cream Day 12:00 pm-5:00 pm
24 Sunday Fundays Poolside 12:00 pm-4:00 pm	25 Women's Fitness 101 9:30 am-10:30 am	26 Sip & Shop Lululemo Event All Day	27 Wings Wednesday at Citrus-\$1 Wings 11:00 am-6:00 pm National Tequila Day 3:00 pm-6:00 pm	28 Women's Fitness 101 9:30 am-10:30 am	29 Date Night at Citrus 5:00 pm-8:00 pm Friday Night Fun 5:00 pm-8:00 pm	30
31 Sunday Fundays Poolside 12:00 pm-4:00 pm						

The summer's heating up, and there will be so much more fun on the sun to look forward to next month.

Activities and classes are subject to change at any time. Check Bay Club Connect for the latest updates, or contact the Front Desk if you have any questions.