



CLUB LIFE



CLUB HIGHLIGHTS

SHOWCASE EVENT

Wednesday, August 24 | 5:00 pm-8:00 pm

Sign up for your favorite class and enjoy complimentary light bites. Guests are welcome.

LUNCH HOUR YOGA

Wednesdays and Thursdays | 12:00 pm

Come to the Mind & Body Studio for lunch hour yoga with Emma Beck. Sign up on Bay Club Connect.

FREE GUEST FRIDAY

Returns August 5

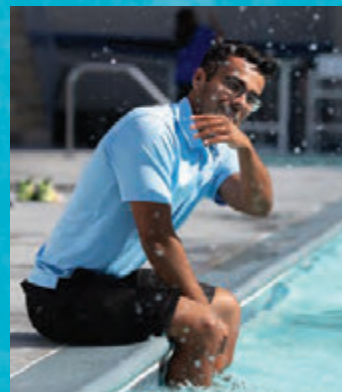
Free Guest Friday is back! Make your Bay Club experience even better by bringing a friend.

A TOAST TO THE END OF SUMMER

Summer is winding down, but there's still time to make unforgettable memories with your favorite people before the new school year begins. Get some sun at the Club and enjoy poolside fun for the whole family, or check out our end-of-summer family-friendly events.

WE'RE GROWING OUR TEAM!

Interested in a career that's fun and rewarding? Join the Bay Club crew. Scan the QR code to learn more.





SHOWCASE EVENT

Wednesday, August 24 | 5:00 pm-8:00 pm

Grab some complimentary light bites while you sign up for your favorite class. Guests are welcome.



KIDS' NIGHT OUT AT BAY CLUB GATEWAY

Every Saturday in August | 6:00 pm-10:00 pm

Kids' Night Out is the perfect place for your kids to spend their evening as they slide down the Wibit and watch movies while they eat dinner. Register today on Bay Club Connect.



FREE GUEST FRIDAY

August 5 | All Day

Invite your friends to the Bay Club for fitness and fun on the first Friday of every month.



BAGEL THURSDAYS

Weekly | 6:00 am-8:00 am

Start your day bright and early with a filling, tasty breakfast that includes complimentary coffee.

INTERESTED IN THE CONVENIENCE OF YOUR OWN PERSONAL LOCKER?
For information on half and executive lockers at the Club, please contact george.phillips@bayclubs.com.



HARD CORE YOGA & DETOX YOGA AT BAY CLUB SAN FRANCISCO

Sundays | 9:00 am and 11:00 am

Get ready for the coming week with Molly Stene by connecting to your body's strength and ability. No matter your injuries, age, or fitness level, come transform and uplift your health with yoga. Sign up on Bay Club Connect.



LUNCH HOUR YOGA AT BAY CLUB FINANCIAL DISTRICT

Wednesdays and Thursdays | 12:00 pm

Join Emma Beck for lunch hour yoga. With more than a decade of experience practicing yoga, Emma can't wait to meet you on the mat. Learn more at emmashoshanna.com and on Instagram at [@doyogawithemma](https://www.instagram.com/doyogawithemma). And sign up on Bay Club Connect.



PICKLEBALL OPEN PLAY AT BAY CLUB GATEWAY

Thursdays | 5:00 pm-7:00 pm

Head to the Club and experience the fastest-growing sport in America. Play a game with players of all levels.



ROOFTOP CORNHOLE AT BAY CLUB SAN FRANCISCO

Saturdays | 12:00 pm-2:00 pm

Kick off the afternoon with a competitive cornhole game upstairs on the Roof.

SHARING HAPPINESS THROUGH MEMBERSHIP

With a Shared Membership, you can enjoy all of our amenities with your friends and family. Whether you're looking for fitness, sports, or family fun, we've got something for everyone.



CALENDAR OF EVENTS



CLUB HOURS OF OPERATIONS

Monday through Friday: 5:00 am-8:00 pm

Saturday and Sunday: Closed

AUGUST						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1	2 IGNITE 5:30 pm-6:20 pm Power Flow Yoga 6:45 pm-7:35 pm	3 IGNITE 6:45 am-7:35 am Vinyasa Yoga 12:00 pm-12:50 pm	4 Vinyasa Yoga 12:00 pm-12:50 pm IGNITE 5:30 pm-6:20 pm Power Flow Yoga 6:30 pm-7:20 pm	5 Free Guest Friday All Day	6 Rooftop Cornhole at Bay Club San Francisco 12:00 pm-2:00 pm Kids' Night Out at Bay Club Gateway 6:00 pm-10:00 pm
7 Hard Core Yoga & Detox Yoga at Bay Club San Francisco 9:00 am and 11:00 am	8	9 IGNITE 5:30 pm-6:20 pm Power Flow Yoga 6:45 pm-7:35 pm	10 IGNITE 6:45 am-7:35 am Vinyasa Yoga 12:00 pm-12:50 pm	11 Vinyasa Yoga 12:00 pm-12:50 pm IGNITE 5:30 pm-6:20 pm Power Flow Yoga 6:30 pm-7:20 pm	12	13 Rooftop Cornhole at Bay Club San Francisco 12:00 pm-2:00 pm Kids' Night Out at Bay Club Gateway 6:00 pm-10:00 pm
14 Hard Core Yoga & Detox Yoga at Bay Club San Francisco 9:00 am and 11:00 am	15	16 IGNITE 5:30 pm-6:20 pm Power Flow Yoga 6:45 pm-7:35 pm	17 IGNITE 6:45 am-7:35 am Vinyasa Yoga 12:00 pm-12:50 pm	18 Vinyasa Yoga 12:00 pm-12:50 pm IGNITE 5:30 pm-6:20 pm Power Flow Yoga 6:30 pm-7:20 pm	19	20 Rooftop Cornhole at Bay Club San Francisco 12:00 pm-2:00 pm Kids' Night Out at Bay Club Gateway 6:00 pm-10:00 pm
21 Hard Core Yoga & Detox Yoga at Bay Club San Francisco 9:00 am and 11:00 am	22	23 IGNITE 5:30 pm-6:20 pm Power Flow Yoga 6:45 pm-7:35 pm	24 IGNITE 6:45 am-7:35 am Vinyasa Yoga 12:00 pm-12:50 pm Showcase Event 5:00 pm -8:00 pm	25 Vinyasa Yoga 12:00 pm-12:50 pm IGNITE 5:30 pm-6:20 pm Power Flow Yoga 6:30 pm-7:20 pm	26	27 Rooftop Cornhole at Bay Club San Francisco 12:00 pm-2:00 pm Kids' Night Out at Bay Club Gateway 6:00 pm-10:00 pm
28 Hard Core Yoga & Detox Yoga at Bay Club San Francisco 9:00 am and 11:00 am	29	30 IGNITE 5:30 pm-6:20 pm Power Flow Yoga 6:45 pm-7:35 pm	31 IGNITE 6:45 am-7:35 am Vinyasa Yoga 12:00 pm-12:50 pm	1	2	3

Did you know you have two ways to make your monthly membership payments?

- Using a Card on File: Securely store your payment information and manually submit payments.
- Auto-Pay: The Club will have your balance automatically paid from your bank account.

Need to change your payment information? Log in to Bay Club Connect under "Billing". It's easier than ever to stay on top of your billing and make your membership payments before the end of the month!

Activities and classes are subject to change at any time. Check Bay Club Connect for the latest updates, or contact the Front Desk if you have any questions.