



CALENDAR OF EVENTS



CLUB HOURS OF OPERATIONS

Monday through Thursday: 5:00 am-10:00 pm
Friday: 5:00 am-9:00 pm
Saturday and Sunday: 7:00 am-7:00 pm

JUNE						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Max 4-a-thon 5:00 pm	2 Max 4-a-thon 4:30 pm	3 Max 4-a-thon 2:00 pm Free Guest Friday All Day National Donut Day All Day Squash Round Robin Social 5:00 pm-8:00 pm	4 Max 4-a-thon 1:15 pm Rooftop Cornhole League 12:00 pm-3:00 pm
5	6	7	8	9	10 Squash Round Robin Social 5:00 pm-8:00 pm	11 Rooftop Cornhole League 12:00 pm-3:00 pm
12	13	14	15	16 Beksan Jewelry Designs Trunk Show 5:00 pm-7:30 pm Happy Hour Social 6:00 pm-8:00 pm	17 Squash Round Robin Social 5:00 pm-8:00 pm	18 Rooftop Cornhole League 12:00 pm-3:00 pm
19 Father's Day Brunch 8:00 am-11:00 am	20 Power Yoga with Mark Cormier 9:00 am Yoga with Raquel Scalon 10:30 am Yoga Flow with Ginger Braun 12:00 pm 27 Power Yoga with Mark Cormier 5:15 pm	21	22	23 Squash Round Robin Social 5:00 pm-8:00 pm	24 Rooftop Cornhole League 12:00 pm-3:00 pm	25
26 3v3 Monthly Madness Basketball 11:00 am		28	29	30		

SPORTS • FITNESS • HOSPITALITY • FAMILY

Summer days are here, so prepare to have more fun in July and make it a summer to remember.

Activities and classes are subject to change at any time. Check Bay Club Connect for the latest updates, or contact the Front Desk if you have any questions.



SAN FRANCISCO
JUNE 2022

CLUB LIFE



THE COOLEST GETAWAY

Are you ready for summer? Stop by the Club to try a new fitness class, enjoy our family programming, or catch the latest sports events. We've got a lot of exciting activities to help you beat the heat all summer long.

CLUB HIGHLIGHTS

SUMMER READINESS - NEW FITNESS EQUIPMENT!

Enjoy our brand-new plates, kettlebells, weights, and new equipment and class locations for TRX and Barre!

OUR CAFE IS BACK!

We've launched a new Bay Cafe Smoothie Bar! We're excited to offer protein-based shakes designed to keep you moving and grooving before and after your workout.

CORPORATE OPEN HOUSE

Invite your colleagues to the Club! We're hosting Corporate Open House, which includes a 3-day pass to the Bay Club for those who work in the area.



WE'RE HIRING

Get the most out of your summer by joining our crew.



Scan the QR code to learn more.



FREE GUEST FRIDAY!

Friday, June 3

Bring a guest to the club on us for the first Friday of each month! No limit on the number of guests you bring.



SQUASH ROUND ROBIN + HAPPY HOUR

Friday, June 3 | 5:00 pm- 8:00 pm

Come play and enjoy some light bites!



SATURDAY CORNHOLE LEAGUE

Saturdays 12:00 pm-3:00 pm

Join us every Saturday for our Rooftop Cornhole League! We'll have bites, drinks, and music. Bring a guest to the club ON US - just tell the front desk you're here for some cornhole!



3V3 MONTHLY MADNESS BASKETBALL

Sunday, June 26 | 11:00 am

The last Sunday of every month, join us for our monthly Basketball 3v3 Tournament! Enter your team on our sign-up sheet at the front desk or email grey.sanderson@bayclubs.com. Win prizes, swag, and bragging rights!



MEMBER HAPPY HOUR

June 16 | 5:00 pm-8:00 pm

Join us for our member happy hour, held on the third Thursday of each month! We will be serving food and refreshments in our lobby. Come hang and enjoy the game!



FATHER'S DAY BRUNCH

Sunday, June 19 | 8:00 am-11:00 am

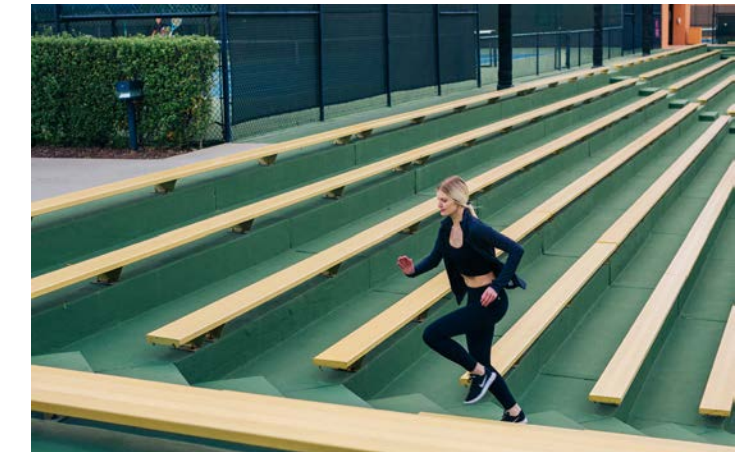
Join us for Father's Day brunch - and bring your dad on us! Breakfast and a juice bar will be served in our lobby. Bring Dad for some cornhole on our rooftop!



INTERNATIONAL YOGA DAY

June 21 | 9:00 am-12:00 pm

Join us for International Yoga Day - we will be moving all of our yoga classes up to our beautiful rooftop for a day of restoration and incredible views!



MAX 4-A-THON

June 1-June 4

Take 1 Max-4 class a day for all 4 days to earn a special prize, bragging rights, and improve your overall strength and power. Join in our regularly scheduled classes, or try out one of the new times!