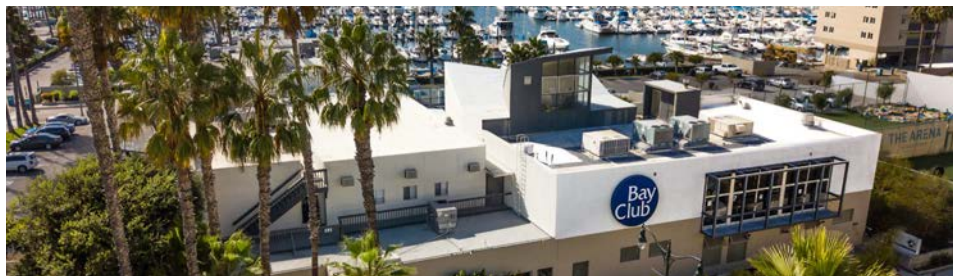




CALENDAR OF EVENTS



CLUB HOURS OF OPERATIONS

Monday through Friday: 5:30 am-9:00 pm
Saturday and Sunday: 7:00 am-7:00 pm

JUNE						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 New Class Zumba 12:00 pm Bay Club Recess at Bay Club Santa Monica 12:30 pm	2 New Class Barre Sculpt 11:00 am	3 TGIF: Surprise Delights (National Donut Day) 8:00 am-10:00 am Caffe Luxxe Coffee Tasting 8:00 am-10:00 am New Class Boxing Bootcamp at Bay Club Santa Monica	4 New Class Yoga 12:00 pm
5 Glide Fit 11:30 am-1:30 pm	6 Yoga and Meditation 10:30 am Bay Club Recess at Bay Club Santa Monica 12:30 pm Taco Tuesday 5:00 pm-7:00 pm	7	8 Mat Pilates 6:30 am Bay Club Recess at Bay Club Santa Monica 12:30 pm	9	10 TGIF: Surprise Delights 8:00 am-10:00 am	11 Comedy Night 8:00 pm-10:00 pm
12 New Class Barre Strong 9:30 am	13 New Class Yoga Stretch 12:30 pm Bay Club Recess at Bay Club Santa Monica 12:30 pm	14	15 Bay Club Recess at Bay Club Santa Monica 12:30 pm	16	17 TGIF: Surprise Delights 8:00 am-10:00 am	18 Beach Glute Camp 10:00 am-12:00 pm Drum Circle 7:00 pm-9:00 pm Father's Day Paint 'n Sip at Bay Club Santa Monica 11:00 am-2:00 pm
19 Donuts & Mimosas for Father's Day 7:00 am-11:00 am Glide Fit 11:30 am-1:30 pm	20 Bay Club Recess at Bay Club Santa Monica 12:30 pm	21	22 Bay Club Recess at Bay Club Santa Monica 12:30 pm	23	24 TGIF: Surprise Delights 8:00 am-10:00 am	25 Spin X Lift 2:00 pm-2:50 pm Member Celebration Event 4:00 pm-8:00 pm
26	27 Bay Club Recess at Bay Club Santa Monica 12:30 pm	28	29 Bay Club Recess at Bay Club Santa Monica 12:30 pm	30	1 TGIF: Surprise Delights 8:00 am-10:00 am	

SPORTS • FITNESS • HOSPITALITY • FAMILY

Summer days are here, so prepare to have more fun in July and make it a summer to remember.

Activities and classes are subject to change at any time. Check Bay Club Connect for the latest updates, or contact the Front Desk if you have any questions.



REDONDO BEACH
JUNE 2022

CLUB LIFE



THE COOLEST GETAWAY

Are you ready for summer? Come try a new fitness class, enjoy our family events, or catch up on your favorite sport. Take a dip in the pool to beat the heat all summer long.

CLUB HIGHLIGHTS

PERSONAL TRAINER HIGHLIGHT: YANIS

Reach your fitness goals with Yanis.

CELEBRATING FATHER'S DAY

Sunday, June 19 | 7:00 am-11:00 am
Come enjoy donuts and mimosas with us.

TGIF: SUPRISE DELIGHTS

Join us every Friday for a special treat



WE'RE HIRING

Get the most out of your summer by joining our crew.



Scan the QR code to learn more.



COFFEE TASTING WITH CAFFE LUXXE

Friday, June 3 | 8:00 am-10:00 am

Join us for a coffee tasting with Caffe Luxxe to experience carefully crafted blends that create the ultimate balance of aromas and flavors.



TACO TUESDAY

Tuesday, June 7 | 5:00 pm-7:00 pm

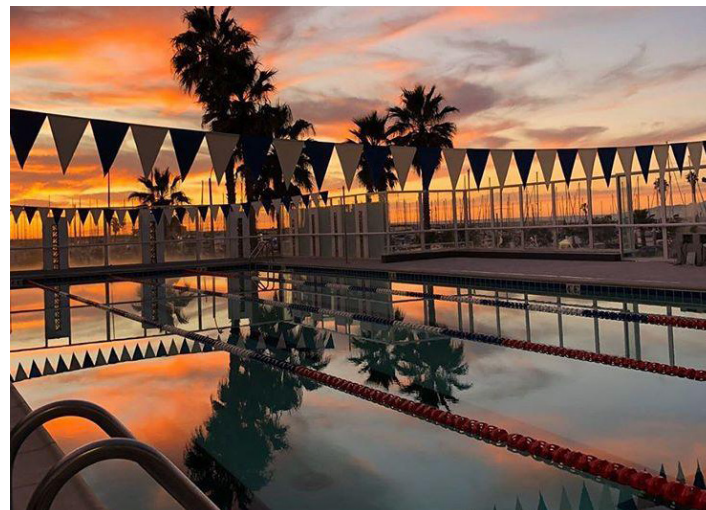
Treat yourself to complimentary tacos with a choice of steak, chicken, or al pastor with a wide variety of salsas. Please visit the Front Desk for a ticket.



DRUM CIRCLE

Saturday, June 18 | 7:00 pm-9:00 pm

Come to our first drum circle! Gather around to make music with percussion instruments in this freestyle session. No musical experience is necessary.



MEMBER CELEBRATION EVENT

Saturday, June 25 | 4:00 pm-8:00 pm

Join us poolside for a Hamptons party! Come along for a party full of complimentary food, drinks, and lots of fun. Guests are welcome.



GLIDE FIT

Sunday, June 5 and Sunday, June 19 | 11:30 am-1:30 pm

Glide Fit is a low-impact, high-intensity workout that improves coordination, strength, joint stability, and reaction time and makes working out fun.



SPIN X LIFT

Saturday, June 25 | 2:00 pm-2:50 pm

A secret guest instructor leads this class for a great mix of spin and lift that'll get you pumped up with fun music.



NEW GROUP X CLASSES

Mondays through Sundays

We are excited to announce the addition of 25 new group classes. Visit Bay Club Connect to check the class schedule and to sign up.



BAY CLUB RECESS

Mondays and Wednesdays | 12:30 pm
Bay Club Santa Monica

We're offering lunchtime classes at the Club so you can take a break from work and re-energize yourself.