

MASSAGE

Aromatherapy Massage

This aromatic treatment will awaken your senses by using essential oils customized to soothe, tone, detoxify or rejuvenate your body.

50 minutes - \$135

80 minutes - \$175

Restorative Hot Stone Massage

Experience a new level of relaxation as smooth, heated basalt stones gently glide across the body in a soothing rhythmic massage. The healing stones promote release of muscle tension, tissue repair, and total well-being.

70 minutes - \$175

De-Stress Massage

Improve your inner vitality with a localized massage. This massage focuses on a specific area of your body that accumulates the most stress and tension. Perfect for neck, shoulder, back, legs, or feet.

25 minutes - \$75

Reflexology

Relieve tension with an ancient form of healing. This foot massage uses pressure points on the feet that correlate to specific body systems to stimulate blood flow and add vitality to your step. For the ultimate foot experience your session will include a calming moisturizing treatment.

25 minutes - \$75

Prenatal Massage

Our certified prenatal massage therapists provide a luxurious treatment created to support and nurture the mother-to-be. Special techniques will ensure complete comfort even late in pregnancy. This special treatment enhances the well-being of mother and child.

50 minutes - \$135

80 minutes - \$175

Couple's Retreat

Enjoy R Classic Massage experience with someone special in an adjoining suite.

50 minutes - \$270

80 minutes - \$350

Massage Enhancements

We offer a variety of enhancements to compliment your massage experience. Each enhancement is \$25 and will be integrated into your massage service with no addition time added or enjoy all three for \$60 (25 minutes)

Moisturizing Scalp: An invigorating scalp massage that integrates relaxing essential oils and hydrating elements.

Hand Rejuvenation: A lavender salt scrub is used to clear away dull skin, followed by a deeply moisturizing cream to leave your hands silky soft.

Foot Exfoliation: A lavender salt scrub is applied to exfoliate and remove dead skin, followed by a rich peppermint foot cream using Reflexology techniques.

SPA PACKAGES

Pamper and Glow

- 50 or 80 minute R Signature Facial
- Tropical Body Scrub
- 50 or 80 minute R Classic Massage

Half Day - 50 minute treatments \$325

Full Day - 80 minute treatments \$415

Bridal Bliss

- 50 minute aromatherapy Massage
- Tropical Body Scrub
- Oxygen Infusion Facial

Full Day - \$420

Couple Escape For Two

- 50-minute R Signature Facial
- 50-minute Classic Couple's Massage

Half Day - \$495/couple

The Royal Treatment

- 80-minute R Classic Massage
- Tropical Body Scrub
- Celebrity Facial

Full Day - \$480

PRIVATE SPA PARTIES

A day at R Spa is the perfect way to relax, recharge and spend time celebrating with people who matter most. From large company events to smaller gatherings with loved ones, we offer a unique experience that allows our guests to indulge in self-care and wellness within a private setting. Customized packages for birthdays, bridal parties, corporate and private parties are available. Please inquire with our Spa Director to organize and design a special group package.

GIFT CARDS

Our spa staff will assist you in selecting the perfect gift of wellbeing, presented in a personalized gift card. Complimentary gift wrapping available for all spa gifts from our boutique.

SPA FACILITIES

R Spa is a wellness resort featuring a 12,000 square foot fitness center. Our luxurious amenities include locker areas, whirlpools, steam rooms, saunas and relaxation lounges. Day use of fitness facilities is available when booking spa treatments of 50-minutes or more in length. Complimentary valet parking provided for R Spa guests.



SPA ATTIRE

Robes, sandals and a personal locker are provided for your convenience. Please arrive at least 20 minutes prior to your scheduled services to relax and prepare for your spa visit. If you should arrive late, your appointment may be shortened to ensure the satisfaction of all guests.

CANCELLATION AND CHARGES

Any service you book is reserved exclusively for you. If you wish to cancel or reschedule, please notify us at least 24 hours in advance for single treatment and 48 hours in advance for packages and multiple treatments lasting more than two hours. Reservations cancelled or rescheduled within 24 hours will be charged 100% of the service fee. We will waive the fee if we are able to accommodate another guest in your place.

PAYMENT

R Spa accepts club gift cards, Visa, Mastercard, and American Express. Club members may also charge products and services to their membership accounts. Gratuity is not included in pricing and may be added with any method of payment.



Relax | Rejuvenate | Refresh

R SPA SERVICES HOURS

9:00am-9:00pm
Monday through Friday

9:00am-8:00pm
Saturday through Sunday

2805 Jones Road
Walnut Creek, California 94597
925.942.6379



FACE

R Signature Facial

Designed to rapidly and safely resurface the skin, this intensive clinical facial reduces fine lines and wrinkles, softens pigmentation and encourages cellular renewal. The centerpiece of this remarkable treatment is a combination of two therapeutic masques: the extremely powerful Intensive Resurfacing masque and the Soothing Rejuvenating Masque, which evoke aromas of warm cinnamon spice and brisk cool peppermint.

50 minutes - \$140	80 minutes - \$180
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Organic Seasonal Facial

An amazing treatment using nature’s best ingredients to produce healthy looking skin. Your skincare therapist will choose from fresh organic fruits, Hungarian herbs and exotic spices to customize a seasonal treatment of beautiful masques, serums and exfoliants leaving your skin refreshed.

50 minutes - \$120	80 minutes - \$155
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Age-Defying Facial

This advanced treatment stimulates cell renewal, regenerating the skin and providing long-lasting results that counteract the signs of aging. This facial utilizes SkinCeuticals line to noticeably lift, tighten, firm, and increase textural clarity and tone.

50 minutes - \$140

Brighthening Facial

Visibly improve the appearance of skin tone, texture and luminosity with a unique combination of lactic and mandelic acid, skin-illuminating botanicals, skin brightening technologies and antioxidants. Uncover vibrant skin by revealing a brighter, more even skin tone and youthful appearance.

50 minutes - \$140

Clarifying Acne Facial

An intensive treatment designed to treat problem skin. The skin is deeply cleansed, purified and calmed with a soothing masque to heal acne breakouts. Regular treatments along with prescribed home care will result in significant improvement.

50 minutes - \$140

Men’s Executive Facial

Replenish suppleness to skin stressed by daily shaving. Sweep away signs of fatigue with an enzyme peel, and extractions while restoring hydration.

50 minutes - \$120	80 minutes - \$155
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Refreshing Facial

When time is a factor; this mini facial is the perfect skin refreshing solution. The gentle cleansing, exfoliation and customized masque will replenish your skin’s nutrients for a complexion that glows.

25 minutes - \$75

Teen Facial

Proper skin care is an essential part of a teenager’s life. This thoughtful service includes a personal skin consultation followed by a cleansing, a softening steam and a deep cleansing of the pores, finishing with a healing mask. The importance of consistent skin care will be discussed to help build grooming habits. Parental consent is required for anyone under 18.

35 minutes - \$85

Purifying Back Treatment

This deep cleansing treatment will exfoliate dead skin cells, remove impurities, moisturize and nourish your back leaving your skin radiant and healthy.

35 minutes - \$85

Face Enhancements

Compliment your skin care treatment and enhance your results. Each enhancement is \$25 and will be integrated into your skin care service with no additional time added or enjoy three enhancements for \$60 (25 minutes)

- Eye lifting treatment
- Exfoliating Lip Treatment
- Moisturizing Scalp Treatment
- Rejuvenating Masque Treatment

ADVANCED SKINCARE

Microdermabrasion

A rejuvenating skin resurfacing procedure that stimulates the production of new skin cells and collagen to diminish the appearance of fine lines, acne scars, blotchy complexions, uneven skin texture and regain a youthful appearance to otherwise lack-luster skin. For optimal results, a series of six is recommended with prescribed home care.

35 minutes - \$155 (includes face)

50 minutes - \$185 (includes face and neck)

65 minutes - \$225 (includes face, neck and décolleté)
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Oxygen Infusion Facial

Experience visible line smoothing and firming with this ultimate oxygen facial. Chosen by celebrities and brides alike, this treatment will lift, plump, hydrate, and smooth the skin. Special care is taken to smooth, open, and refine the eye contour area, while the lips are plumped and hydrated. Perfect for all skin types.

50 minutes - \$210

Celebrity Facial

Our Celebrity Facial combines two of our most results-oriented services into one amazing treatment. We start with a Microdermabrasion to rejuvenate and resurface the skin then we Infuse the skin with Oxygen which delivers unmatched hydration, dramatic results and divine pampering.

80 minutes - \$315

HydraFacial Signature

A breakthrough in aesthetic technology providing non-laser, non-invasive skin resurfacing. Removes dead skin cells and extracts impurities while cleansing, hydrating, and moisturizing. this high-tech facial provides instant results for all skin types with no discomfort or downtime. No waxing services withing 72-house of service.

25 minutes - \$199

HydraFacial Deluxe

This is the most popular service that takes results to the next level with the addition of lymphatic drainage. This service will leave your skin glowing for weeks with its breakthrough resurfacing and fusion technology. Antioxidants, peptides, and hyaluronic acid are infused into your skin and the results are immediate, and with no downtime. Designed for all skin types, this skin refining treatment will improve the appearance of fine lines, wrinkles, sun damage, congested oily skin and even rosacea.

45 minutes - \$275

HydraFacial Platinum

Technology meets luxury in this transformative 80-minute facial, including the neck and décolletage. The immediate, visible results of the facial become even more dramatic when accompanied by LED light and Lymphatic Drainage. This uniquely formulated combination of peptides remarkably smooths the appearance of fine lines and wrinkles, enhances skin elasticity, and evens skin tone.

60 minutes - \$325

MINERAL MAKEUP

Makeup Consultations

Learn the colors that are perfect for your skin tone with the perfect color match in 15 minutes.

15 minutes - \$15

Makeup Application

For any occasion where you want to look your best, this personalized mineral makeup application will give you glow and confidence.

50 minutes - \$85 and up

WAXING

Lip or Chin	\$18
Brow Shaping	\$32
Brow Maintenance	\$22
Underarm	\$25
Full Face	\$55
Chest or Back	\$65
Half Arm	\$30
Full Arm	\$55
Bikini	\$40
Brazilian Bikini	\$85
Half Leg	\$45
Half Leg with bikini	\$70
Full Leg	\$75
Full Leg with bikini	\$95

BODY

Tropical Body Scrub

Immerse yourself in this sweet blend of mango ginger warming sugar or lavender salt as it gently exfoliates the dead surface skin cells. The product will be washed away under a Vichy shower, providing a warm “rain shower” reminiscent of the tropics.

45 minutes - \$125	With a 25 minute R Classic Massage - \$185
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Detox Mud Wrap

Detoxify your body with a full body dry brush exfoliation followed by a warm mineral-rich body wrap to extract toxins.

45 minutes - \$125	With a 25 minute R Classic Massage - \$185
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Body Scrub and Tan

This creamy body polish contains organic botanicals, antioxidants and essential oils designed to condition, soften and evenly exfoliate your skin. The invigorating particles smooth and prep your skin for a truly exceptional sun-free tanning experience.

45 minutes - \$125

Spray Tanning

Airbrush tanning uses a safe, alcohol free, hypoallergenic tanning solution to customize an even, sun-kissed glow that is right for you. The color is natural, fragrance-free and fades like a suntan without the damaging effects of UV rays.

Full-Body - \$45	Legs Only - \$30
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Express Spray Tanning

The World’s Most Organic Spray Tan
Rapid sunless tan which combines the triple power of certified organic ingredients, exotic anti-aging boosters and powerful moisturizers. This express tan is hypoallergenic, 100% vegan, PETA- approved and will develop to your desired shade within 4 hours

20 Mins. - \$45

MASSAGE

R Classic Massage

Our signature full-body massage applies a combination of massage techniques and medium pressure to melt away stress and tension, improve circulation and total relaxation.

50 minutes - \$125	80 minutes - \$165
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Deep Tissue/Sport Massage

Rescue yourself after an intense workout or overdoing any strenuous activity. This therapeutic massage uses firm pressure to relieve deep overworked and tense muscles.

50 minutes - \$135	80 minutes - \$175
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