

# SAMPLE WEEKLY PROGRAMMING TODDLERS

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:30-8:30 am	Stations	<b>Dramatic Play</b> Boutique	TotX Red Light, Green Light, Switch	Music & Movement Shake It Up	Skill Building Giant Dot to Dot	Science Magnet Midway 1	Dramatic Play Tune Time
8:30-9:30 am	Music & Movement Making Music	Science Primary Colors	Stations	Skill Building Stringing	Special Activity Picnic Snack	Stations	Arts & Crafts Family House
9:30-10:30 am	Story Time "I Wish You More" by Amy Krouse Rosenthal	Skill Building Letters	Special Activity Picnic Snack	Dramatic Play Café Vida	Stations	Music & Movement Old MacDonald	TotX Bean Bag Golf
10:30-11:30 am	Arts & Crafts Cupcake	Stations	Dramatic Play Market	TotX Follow the Leader	Music & Movement Bear Hunt	Arts & Crafts Monochrome	Science Magnet Midway 2
11:30 am-12:30 pm	TotX Parachute	Music & Movement Get Up If	Skill Building Fine Motor	Science My Eyes	Arts & Crafts Me Mask	Skill Building Hand/Eye Coordination	Special Activity Culinary Cart Fruity Face
12:30-1:30 pm	Wind Down	Wind Down	Wind Down	Wind Down	Wind Down	Story Time	Story Time
1:30-3:30 pm							
3:30-4:00 pm	Stations	Dramatic Play  Boutique	TotX Red Light, Green Light, Switch	Music & Movement Shake It Up	Skill Building Giant Dot to Dot		
4:00-5:00 pm	Music & Movement  Making Music	Science Primary Colors	Stations	Skill Building Stringing	Special Activity Picnic Snack		
5:00-6:00 pm	Story Time "I Wish You More" by Amy Krouse Rosenthal	Skill Building Letters	Special Activity Picnic Snack	Dramatic Play Café Vida	Stations		
6:00-7:30 pm	Arts & Crafts Cupcake	Stations	Dramatic Play <i>Market</i>	TotX Follow the Leader			
7:30-8:00 pm	Wind Down/ Wrap Up	Music & Movement  Get Up If	Skill Building Fine Motor	Science My Eyes			



## SAMPLE WEEKLY PROGRAMMING TODDLERS

### **PROGRAMMING**

#### **STATIONS**

Station based learning allow your child to engage in an activity that meets their interests, or float from one to the next as their attention span dictates. Lego Building, clay manipulation, drawing/coloring with a variety of materials, puzzles, etc.

#### SKILL BUILDING

Age appropriate skill building provide a variety of opportunities will be presented to challenge your child. Based on each individual's specific development, small and gross motor play will strengthen their skills.

#### **ARTS & CRAFTS**

Centered around a common theme, arts and crafts will encourage creativity and imagination.

#### MUSIC & MOVEMENT

Dancing, singing, musical instruments, songs, and acting will promote movement, physical activity and practice performing in front of a crowd.

#### SPECIAL ACTIVITY

Cooking, guest presenter, science experiments, etc.

#### STORY TIME

Early literature, comprehension, and storytelling is reinforced through arts and crafts, retelling and acting.

#### SCIENTIFIC DISCOVERY

In the Exploration Station children will learn about scientific discovery through investigating nature, the human body, weather, etc.

#### DRAMATIC PLAY

Children will enter Toddler Town and move between each structure discovering a tot-sized pretend town and all it has to offer.

#### TOTX

A pint-size version of our group exercise classes, our young fitness enthusiasts will experience age-appropriate fitness courses, yoga and wellness practices.

#### WIND DOWN

Quiet book reading, calming storytelling, music and guided meditation will end the day.