

## SAMPLE WEEKLY PROGRAMMING KIDS | Ages 5-8

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:30-8:30 am						Rec Time	Rec Time
8:30-9:30 am						Challenge Saving Sammy	Group X Yoga
9:30-10:30 am						Arts & Crafts T Shirt About Me	Tech
10:30-11:30 am						Group X Obstacle Course	Arts & Crafts Nate Williams Self Portrait
11:30 am-12:30 pm						Tech	Science High Powered Swings
12:30-1:30 pm						Rec Time	Rec Time
1:30-3:30 pm							
3:30-4:00 pm	Rec Time	Rec Time	Rec Time	Rec Time	Rec Time		
4:00-5:00 pm	Arts & Crafts Time Capsule	Group X "Like It" Tag	Challenge New Friend Bingo	Tech	Challenge Graph It		
5:00-6:00 pm	Tech	Science Slime	Arts & Crafts Fairy Garden	Group X Hoop Hop Showdown	Tech		
6:00-7:00 pm	<b>Group X</b> Clean Up Your Backyard	Tech	Science Cause & Effect	Challenge Clubhouse Treasure Map			
7:00-8:00 pm	Rec Time	Rec Time	Rec Time	Rec Time			



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### **PROGRAMMING**

#### **REC TIME**

Read, challenge a friend to a game, shoot hoops, build a Lego creation, start homework or just chill.

#### SCIENTIFIC DISCOVERY

In the Create Studio, children will learn about scientific discovery through *California Science Center* created curriculum, beginning with the examination of rocketry and engineering, after that instructors will follow the lead of our budding scientists and the possibilities are endless!

#### **GROUP CHALLENGE**

Face off against or alongside friends in friendly competition. Students will participate in a variety of one-on-one or full group challenges. Get your heart pumping with dodgeball or a slam dunk competition, or challenge your mental focus with Minute to Win it style challenges.

#### **GROUP X**

A modified version of our group exercise classes, our young fitness enthusiasts will experience age appropriate fitness courses, yoga and wellness practices. Taught with a youth-focus and set to age-appropriate music that will turn up the energy.

#### **ARTS & CRAFTS**

The sky is the limit when it comes to creative expressions. Our instructors will lead students in a variety of arts and crafts activities. Whether it be a Paint Night style step-by-step art lesson, free-style collage project or clay sculpting, your child is sure to come home with beautiful works of art that they cannot wait to share with you.

#### **TECH TIME**

During Tech Time, kids can utilize the technology available in The Clubhouse, including video game systems, iPads and Chromebooks, and BEAM, our new interactive gaming system that projects onto the floor.

<sup>\*</sup>During these scheduled activities there will always be alternatives including; homework support, reading and quiet time for those that prefer a slower pace.