



BAY CLUB REDWOOD SHORES SUMMER CAMP 2019

GENERAL CAMP INFORMATION

SUMMER SESSIONS AND THEMES

Themes are an added layer of fun to each session which influences the art projects and Friday Fun Day activities.

*All sessions run Monday-Friday apart from 4th of July session. No camp on Thursday July 4, 2019.

Session Two	June 10-14	Disney
Session Three	June 17-21	Space is the Place
Session Four	June 24-28	All Balls
Session Five	July 1-5	*Party in the USA (no camp July 4 th)
Session Six	July 8-12	Inventors Workshop
Session Seven	July 15-19	Around the World
Session Eight	July 22-26	Fun and Fitness
Session Nine	July 29-August 2	Welcome to the Jungle
Session Ten	August 6-10	Mad Science
Session Eleven	August 13-17	Hero Training Academy
Session Twelve	August 20-24	Life's a Beach

After registration, two weeks prior to camp start date parent will receive a "welcome letter" via email. The welcome letter will include:

- Pick up and drop off locations.
- What to bring to camp and what not to bring to camp.
- Lunch ordering instructions.
- Safety and security precautions for pick up and drop off.

CAMPS

Little Explorers | 3-4 years | 9:00 am-1:00 pm | lunch included

Camper to staff ratios:
on land 8:1 | in water 4:1

Sessions

5-day | Monday-Friday

A great introduction to summer camp for your little ones, Little Explorers Camp provides campers with a variety of developmentally appropriate themed activities. Our caring and qualified counselors will make each weekly session safe and secure, from the moment your Little Explorer arrives, with plenty of smiles, games, and fun!

*Session enrollments are customizable based on availability.

A typical schedule, may vary based on attendance numbers:

9:00–9:30 am	Morning circle time, stories, music and movement
9:30–9:45 am	Snack time—yummy, and nut free!
9:45–10:15 am	Outdoor Play, interactive social games, singing, and bubbles included. Friday is Splash Pad water play day
10:15–11:15 am	Themed activity, arts and crafts
11:15–12:00 pm	Sports and games—focusing in coordination and team play.
12:00–12:45 pm	Lunch and free play..
12:45–1:00 pm	Story time.

Before and After Care

Pre-care is available beginning at 8:00 am. Drop off prior to 8:45 am will incur extended care costs.

Pick up after 1:15 pm will incur extended care costs. Aftercare available until 4:00 pm. Late pick up after 4:00 pm will be charged \$1 per minute.

Extended care packages must be purchased at time of session enrollment. Unused hours will not be refunded. Hourly extended care is \$13.50 per hour billed in 15-minute increments.

Kids Camp | 5-12 years | 9:00 am–4:00 pm | lunch included

Camper to staff ratios:

on land 12:1

in water deemed “water safe” 5:1

in water if not deemed water safe 4:1

Sessions

5-day | Monday–Friday

Each week of Summer Camp, your child will explore new passions while having fun with a variety of activities. Our campers are organized according to age, and rotate through different activities, throughout the day. Activities vary from arts and crafts, team building exercises, swimming, basketball, Kids Yoga, Dance, Zumba, and Kids Pound; all designed to pique interest and strengthen the mind, body, and spirit.

*Session enrollments are customizable based on availability..

Typical Day at Camp

8:00–9:00 am | Before Care

Quality child care is provided before Camp and is included with your full-day Camp enrollment.

9:00 am–12:00 pm | Morning Activity Rotation

Campers will rotate through swimming lessons led by Swim Instructors, organized games and sports, and a themed art project. Please note that 30-minute, small-group swim lessons will be included four days a week all summer, while Friday is a free swim / water play day.

12:00–1:00 pm | Lunch & Free Play

Campers can bring lunch from home (no peanuts, please!) or enjoy the lunch that is included in Camp. Before or after lunch, campers can wind down with their friends before heading into afternoon activities.

1:00–4:00 pm | Afternoon Activity Rotations:

In the afternoon, campers will have themed art & science projects, along with organized games. They will also rotate into the Studio to participate in a daily Kids Fitness class with a professional Fitness instructor to keep them active and engaged right up until the end of Camp!

- Monday: Hip Hop Dance | Jaimee
- Tuesday: Kids Pound | Sonia or Kids Zumba | Gillian
- Wednesday: Kids Zumba | Gillian
- Thursday: Hip Hop Dance | Jaimee
- Friday: Kids Yoga | Kendra

To wrap up the day, afternoon snack will be provided. Snack time offers campers and counselors the opportunity to reflect on the day and recognize outstanding Campers.

4:00–6:00 pm | After Care:

Quality child care is provided after Camp for an additional fee. Extended Care packages may be purchased during Camp Enrollment.

Lunch and snacks are provided with camp. Children may bring a nut free lunch from home.

Before and After Care

Pre-care is available beginning at 8:00 am. Drop off prior to 8:45 am will incur extended care costs. Pick up after 4:00 pm will incur extended care costs. Aftercare available until 6:00 pm. Late pick up after 6:00 pm will be charged \$1 per minute.

Extended care packages must be purchased at time of session enrollment. Unused hours will not be refunded. Hourly extended care is \$13.50 per hour billed in 15-minute increments.

Counselor in Training | 13–15 years | 8:30 am–4:30 pm | lunch included

In water deemed “water safe” CITs may swim without camp staff in pool-lifeguards and camp staff always on deck supervising

5-day session Monday–Friday

Being a Counselor in Training (C.I.T.) can be a great way to transition from camper to counselor by learning job related skills for the future, demonstrating leadership, acting as a mentor, sharing responsibility, and strengthening communication. CIT’s lead by example, they engage, participate and assure all campers are having a great experience. As a Bay Club C.I.T. you will spend time with campers, ages 3–12, supporting games and activities organized by camp staff. Responsibilities may include, but are not limited to, active participation in some or all of the following: sports, arts & crafts, team-building group games, food serving, in addition to supporting the day-to-day operations of the Camps. Although C.I.T.’s are never alone with campers, they will be a huge support for our 2019 Summer Camp staff!

Your C.I.T. 2019 Experience will include:

- Invaluable leadership experience
- Snack and Lunch daily
- C.I.T. T-shirt
- Certificate of Completion

- May attend one Summer CPR Training (CPR class is held once per month June, July and August. Dates TBD)
- CIT's that need to leave early must have a note from parent and notify staff.
- CIT's age 13 must be picked up by an authorized parent or guardian
- CIT's aged 14 and 15 may check themselves out with their PIN number

GOOD TO KNOW

Your child will need to bring the following, in a carry bag or backpack:

- Bathing suit.
- Swim Accessories: goggles, hair brush.
- Extra snack if needed
- White-soled, closed toes shoes and socks must be worn every day (we encourage Velcro or slip-on shoes for children who cannot tie their own).

Please DON'T pack the following:

- Sunscreen - apply at home, and we will re-apply before any outdoor activity.
- Towel.
- Extra clothes, shoes, etc. (unless your child has a specific need).

Electronics Policy

Electronics Policy Due to the difficulty in monitoring the content on electronics, cell phones, tablets, personal gaming machines, and other electronic devices are not permitted in Camp. Remember, the less you pack, the easier it is for us to keep track of everything! Please label everything in your bag. Bay Club Redwood Shores is not responsible for any lost or stolen items.

Camper Code of Conduct

Our main goal is to provide each Camper with a safe and secure environment. We want to create a warm, comfortable, and fun atmosphere that will have your child looking forward to coming to Camp each day. Please take a few minutes to review the following Camper guidelines with your child.

While attending Camp at the Bay Club I will...

1. Listen and follow the instructions of counselors and staff.
2. Always stay with my group.
3. Keep my hands and legs to myself.
4. Not act aggressively towards my fellow campers or counselors.
5. Be kind and considerate to my fellow campers.
6. Not tease, taunt, name call, or bully my fellow campers.
7. Tell a counselor if I see or hear any bullying by another camper.
8. Use the trash receptacles and clean up my messes.
9. Be polite and use proper manners especially "please and thank you".
10. Be aware while others are talking and will not interrupt.
11. Not bring iPods, cell phones, or any electronics to camp.
12. Be a good sport and have a lot of fun!

SAFETY FIRST!

The Bay Club is committed to providing the safest environment possible for all Campers. Here are just a few of our safety practices:

- All of our Camp Counselors and Leadership (18 years and older) are background checked, finger printed, and CPR|AED| First Aid trained. They also complete extensive camp orientation covering positive child developmental practices, conflict resolution, anti-bullying, and inclusive team building skills.
- Sunscreen is applied every 45 minutes.
- Campers with dietary restrictions or medical needs will be given an identification bracelet so all camp staff whom come in contact will be aware and provide appropriate care. Please note this information in your Child's profile on Connect. You can add note on the medical form under "Special needs" (such as vegetarian, allergies, and health related information).
- Campers are adequately supervised when going to and from the bathroom and will be aided by staff of same sex when needed.
- Campers will change after swimming inside our designated changing tents. If assistance is needed during changes, a Camp Counselor of same sex will provide help.
- We understand that swimming may bring up concerns for parents and we take the safety of your child very seriously so a swim test will be conducted for all kids under the age of 14.
- Those who can swim the length of the pool unassisted and tread water for 60 seconds will be considered "water safe" and will receive a bracelet. Campers are to wear their bracelet daily. Those whom prefer not to test, or are unable to complete the swim test, will always have in pool supervision.
- A minimum of two lifeguards in addition to camp staff and swim instructors will always be present while campers are in the water. Exact ratios to age listed below.
- All campers are checked out using a pin. If anyone other than you or second parent will be picking up, please log on to Bay Club Connect to enter their information. They will then be assigned a PIN number. Campers will not be released without an authorized guardian on file and use of correct pin.
- Throughout the summer all Counselors are required to participate in interactive safety drills that directly relate to children in Camp. Whether it's a bee sting, a food reaction, or another medical emergency, you can rest assure that your camper is in safe and knowledgeable hands.