

BAY CLUB GATEWAY SUMMER CAMP 2019

GENERAL CAMP INFORMATION

Summer Sessions and Themes

Themes are an added layer of fun to each session, which influences the art projects and Friday Fun Day activities.

*All sessions run Monday-Friday a part from 4th of July session. No camp on Wednesday July 4, 2019.

June 3-7 Session One Space is the Place Session Two June 10-14 Under the Big Top Session Three June 17-21 Lights, Camera, Action Session Four June 24-28 Disney

Session Five *Party in the USA (no camp July 4th) July 1-5

Session Six July 8-12 Inventors Workshop Session Seven July 15-19 Around the World Session Eight July 22-26 Fun and Fitness

Session Nine July 29-August 2 Welcome to the Jungle

Session Ten August 5-9 Mad Science

Session Eleven August 12-16 Hero Training Academy

Session Twelve Life's a Beach August 19-23 Session Thirteen Holiday Hullabaloo August 26-30

All Sessions Include Lunch

SchoolFoodies has been chosen to provide lunch service for the Bay Club Gateway Summer Camp. School foodies features all-natural, hormone and anti-biotic free meats, follows the EWG's Shopper's Guide to Pesticides methodology to reduce potential produce pesticide exposures up to 92%. Breads are sourced fresh from local bakeries. Dairy comes from Petaluma based Clover Stornetta and is rBST free. Many meals are cooked from scratch with ingredients from local purveyors, and are organic when possible. Meal trays are made from wheat straw fiber and certified compostable. All lunches include a hot or cold entrée, fresh seasonal fruit, vegetables, and a drink. We offer 10-14 daily meal options per day.

Regular Portion | little explorers to Kids' Camp ages 3-8. Large Portion | pre-teen and CIT's ages 9-15.

You can expect many delicious options such as:

- Gourmet pizzas, hamburgers, Asian, Indian, Italian, and Mexican fare items served every week.
- Handmade bean and cheese or beef burritos, soft tacos, and enchiladas.
- Chicken and vegetable chow mein, fried rice, and pot stickers.
- Indian rice with chickpeas and yellow chicken curry.
- Baked chicken tenders, twice baked potatoes, chicken pot pies, and shepard's pie.
- Gourmet cold items served every week.

- Turkey and bacon hoagie, roast beef sandwich, and sunbutter and jelly.
- Ranch turkey wrap and turkey cranberry pinwheels.
- Taco salad with chicken, caprese salad, and Safe Catch tuna salad on mixed greens.
- Assorted finger foodie meals: Pita and hummus, cold cuts and artisan cheeses, and Safe Catch tuna and wheat crackers.

How do I order?

With the welcome email (expect 2 weeks prior to camp start date) you will be given instructions on how to register an account with School Foodies and be provided a code. You can order through the School Foodies website or the app (new this year)!

After registration, two weeks prior to camp start date parent will receive a "welcome letter" via email. The welcome letter will include:

- Pick up and drop off locations.
- What to bring to camp and what not to bring to camp.
- Lunch ordering instructions.
- Safety and security precautions for pick up and drop off.

Little Explorers | 3-4 years | 9:00 am-1:00 pm | lunch included

Camper to staff ratios: on land 5:1 l in water 3:1

Sessions run Monday-Friday, register for one, two, three, four or an entire session, you choose!

A typical schedule, may vary based on attendance numbers:

9:00-9:30 am Interactive social games—singing, and bubbles included!

9:30-9:45 am Snack time—yummy and nut free!

9:45-10:15 am Sports and games - focusing in coordination and team play. 10:15-11:15 am Swim lesson given by our fun and professional instructors.

* No swim experience necessary.

11:15–12:00 pm Lunch and free play. 12:00–12:30 pm Crafty art projects.

12:30-1:00 pm Storytime.

Before and After Care

Pre-care is available beginning at 8:00 am. Pick up is from 1:00-1:15 pm. After 1:15 pm hourly extended care fees apply.

Extended care packages must be purchased at time of session enrollment and cannot be added on after enrollment in complete. Unused hours will not be refunded.

Kids Camp | 5-8 years | 9:00 am-4:00 pm | lunch included

Camper to staff ratios:

On land 8:1 | In water deemed "water safe" 5:1 | In water if not deemed water safe 3:1

Sessions run Monday-Friday, register for one, two, three, four or an entire session, you choose!

Monday-Thursday camper will rotate every 45-60 minutes through 5 activities including:

- 1. Tennis Instruction.
- 2. Group Swim Lesson.
- 3. Sports and Games (at nearby Sue Bierman Park).
- 4. Creative Arts and Projects.
- 5. Campers Choice | A hit from last year campers will be offered multiple activities where they choose what to do such as jewelry making, board games, quiet reading space, chalk art, gardening, and more.

Friday Fun Day

First half of the day campers will participate in free swim, tennis games and campers' choice. A tradition on Fridays is the ever popular all camp BBQ, where we all come together to enjoy fresh hamburgers, cheese burgers, hot dogs, or veggie burgers.

The latter half of the day includes a special attraction which varies week to week based on the theme. Attractions to include water slides, magicians, scavenger hunts, carnivals, super hero guests, petting zoos, and much more.

It wouldn't be Friday Fun Day without water balloons, a camp tradition worth the wait! The day concludes with popsicles and a camper produced short film.

Before and After Care

Pre-care available begins at 8:00 am. Drop off prior to 8:45 am will incur extended care costs. Pick up after 4:15 pm will incur extended care costs. Aftercare is available until 6:00 pm. Late pick up after 6:00 pm will be charged \$1 per minute.

Extended care packages must be purchased at time of session enrollment and cannot be added on after enrollment in complete. Unused hours will not be refunded.

Counselor in Training | 13-15 years | 8:00 am-5:00 pm | lunch included

Camper to staff ratios:

In water deemed "water safe" IT's may swim without camp staff in pool. (Lifeguards and camp staff are always on deck supervising.)

In water if not deemed water safe 3:1

*One day and partial session enrollment unavailable.

The Counselor in Training (CIT) program will prepare and train your child with basic career skills and provide a social component to build friendships. Our weekly workshops will focus on developing career building skills, such as resume writing and interviewing skills. Some of the topics will be presented by inspiring and influential speakers who are successful in their respective fields. We have also revamped our program to include social activities such as a CIT pool party, outings to local restaurants, and team building. Your child will not only spend their summer supporting campers daily, we will also provide them with a nurturing setting to learn important life skills, time management, responsibility, and accountability. CIT who successfully complete the program will be eligible for hire at the age of 16.

The tuition includes a mandatory training (CPR, AED, First Aid certification), lunch, snacks and Bay Club gear.

Training Dates | TBA

CIT's must attend two separate trainings

- 1. CPR | First Aid and AED certification
- 2. Camp Orientation.

CIT's age 13 must be picked up by an authorized parent or guardian.

CIT's aged 14 and 15 may check themselves out with a note of parental approval on file.

CIT's of any age may not leave campus for lunch.

GOOD TO KNOW

Your child will need to bring the following, in a carry bag or backpack:

- Bathing suit.
- Swim Accessories: goggles, hair brush.
- Extra snack if needed
- White-soled, closed toes shoes and socks must be worn every day (we encourage Velcro or slip-on shoes for children who cannot tie their own).

Please DON'T pack the following:

- Sunscreen—apply at home, and we will re-apply before any outdoor activity.
- Towel.
- Extra clothes, shoes, etc. (unless your child has a specific need).

Electronics Policy

Due to the difficulty in monitoring the content on electronics, cell phones, tablets, personal gaming machines, and other electronic devices are not permitted in Camp.

Remember, the less you pack, the easier it is for us to keep track of everything! Please label everything in your bag. Bay Club South Bay is not responsible for any lost or stolen items.

Camper Code of Conduct

Our main goal is to provide each Camper with a safe and secure environment. We want to create a warm, comfortable, and fun atmosphere that will have your child looking forward to coming to Camp each day. Please take a few minutes to review the following Camper guidelines with your child.

While attending Camp at the Bay Club I will...

- 1. Listen and follow the instructions of counselors and staff.
- 2. Always stay with my group.
- 3. Keep my hands and legs to myself.
- 4. Not act aggressively towards my fellow campers or counselors.
- 5. Be kind and considerate to my fellow campers.
- 6. Not tease, taunt, name call, or bully my fellow campers.

- 7. Tell a counselor if I see or hear any bullying by another camper.
- 8. Use the trash receptacles and clean up my messes.
- 9. Be polite and use proper manners especially "please and thank you".
- 10. Be aware while others are talking and will not interrupt.
- 11. Not bring iPods, cell phones, or any electronics to camp.
- 12. Be a good sport and have a lot of fun!

SAFETY FIRST!

The Bay Club is committed to providing the safest environment possible for all Campers. Here are just a few of our safety practices:

- All of our Camp Counselors and Leadership (18 years and older) are background checked, finger printed, and CPR|AED| First Aid trained. They also complete extensive camp orientation covering positive child developmental practices, conflict resolution, anti-bullying, and inclusive team building skills.
- Sunscreen is applied every 45 minutes.
- Campers with dietary restrictions or medical needs will be given an identification bracelet so all camp staff whom come in contact will be aware and provide appropriate care.
- Campers are adequately supervised when going to and from the bathroom, and will be aided by staff of same sex when needed.
- Campers will change after swimming inside our designated changing tents. If assistance is needed during changes, a Camp Counselor of same sex will provide help.
- We understand that swimming may bring up concerns for parents and we take the safety
 of your child very seriously so a swim test will be conducted for all kids under the age of 14.
 Those who can swim the length of the pool unassisted and can tread water for 60 seconds
 will be considered "water safe" and will receive a bracelet. Campers are to wear their bracelet
 daily. Those whom prefer not to test or unable to complete the swim test will have in pool
 supervision at all times.
- A minimum of two lifeguards in addition to camp staff and swim instructors will be present at all times while campers are in the water. Exact ratios to age listed below.
- All campers are checked out using a pin. If anyone other than you or second parent will be picking up, please log on to Bay Club Connect to enter their information. They will be assigned a PIN number. Campers will not be released without an authorized guardian on file and use of correct pin.
- Throughout the summer, all counselors are required to participate in interactive safety drills that directly relate to children in Camp. Whether it's a bee sting, a food reaction, or another medical emergency, you can rest assure that your camper is in safe and knowledgeable hands.