



BAY CLUB PLEASANTON SUMMER CAMP 2019

GENERAL CAMP INFORMATION

Pleasanton Camp Overview

Club Camp | Ages 5-12

Tennis Camps | Ages 6-14

Tennis Academy | Ages 14-18

Other camps as noted

CAMPS

Club Camp | 5-12 years | 8:00 am-12:00 pm | 12:00-6:00 pm | Monday-Friday

Keep kids busy and active as they have fun learning by doing. Introduction to basketball, dodgeball, racquetball, soccer and other basic gym game skills. Learn weekly cooking tips.

Guest instruction in the crafts and sciences. Build physical skills while swimming, or conquering an obstacle course. New water slides Tues & Wed afternoons for campers only. AM and PM snack provided. Bring a lunch or opt for a pre-set bag lunch from the Citrus Café. (AM/PM activities may vary each day. Swimming in PM camp only).

Camper to staff ratios: 10:1

Club Camp Weekly Themes

June 3-7	E-Bay Week
June 10-14	Challenge Yourself
June 17-21	Kids in the Kitchen
June 24-28	Holi-daze
July 1-3	Three day camp
July 8-12	Game Show Mania
July 15-19	I Dare You!
July 22-26	Amazing Race
July 29-August 2	Creative Craziiness
August 5-9	Best of the Best

Junior Tennis Camp | 6-14 years | Monday-Thursday | 1:00-3:30 pm | weekly June 3-August 1 (no camp week of July 1-5)

camper to staff ratios: 6:1

Experience the most popular and best tennis camp in the Tri Valley area. Comprehensive and fun instruction – skill, drill and thrill with our award winning USPTA certified tennis professionals each with proven youth coaching experience.

- This fun indoor camp instills understanding, skill proficiency, and a lifetime love for the sport. Includes healthy daily snack.
- All skill levels welcome. Open to both members and non-members.
- Modern instruction focuses on stroke, footwork & mental development with emphasis on teamwork and sportsmanship insures rapid progression and mastery of key tennis fundamentals.

Platinum Tennis Camp | 14-18 years | Monday-Thursday | M 1:00-4:00 pm | T, W, Th 1:00-3:00 pm weekly | June 3-August 1 (no camp week of July 1-5) | camper to staff ratios: 6:1

Individually themed weekly training clinics cover all strokes for rock-solid stroke production, advanced footwork, play tactics, game strategy, and more.

- For high school junior varsity, varsity and tournament players, ages 14-18.
- Learn to replicate successful strokes & strategy.
- Emphasizes varied game plans with focus on tactics, styles, and competitive strategy.
- Includes physical conditioning keyed to the movement patterns of tennis athletes.
- Qualified participants only. Fills quickly!

Junior Counselor in Training | 13-15 years | Monday-Friday | 8:00 am-6:00 pm | June 3-August 9 (no camp July 4-5)

This program is a great way for youth to transition from camper to counselor while learning job related skills for future camp seasons. Junior Counselors in Training learn leadership, communication and mentoring skills while assisting counselors and engaging with campers to assure that all are having a rewarding camp experience.

SPECIAL INTEREST CAMPS

Lego Camp | 5-9 | Monday-Friday | 9:00 am-12:00 pm | June 10-14

Calling future architects, builders, engineers and designers! Campers will have fun creating and building with Legos. Children will improve motor skills and expand their imaginations in games racing against time while using teamwork and communication skills to build a small city, and then create a picture book filled with a week of memories from Lego Camp.

Basketball Hoops Camp | 8-12 | Monday-Friday | 1:30-4:00 pm | June 10-14, July 29-August 2

This camp will teach kids of all levels how to improve basketball skills with dribbling, passing, and shooting drills. Learn one-on-one offense and defense tips and improve competitive game skills in a supportive environment. Snack provided.

Science Camp | 6-12 | Monday-Friday | 9:00 am-12:00 pm | June 17-21

Campers will explore science in our day-to-day world. Your children will learn basic principles of chemistry, physics, astronomy, oceanography and marine biology through fun experiments and in guided exploratory play.

Strength & Conditioning Camp | 9-14 | Monday-Friday | 1:30-4:00 pm | June 17-21, July 22-26

Kids will love this fitness camp with a certified personal trainer. This fun and active program includes strength and cardio vascular training with flexibility work, team building and agility training. The aim is to improve core strength while developing speed, coordination, agility, flexibility and balance in an encouraging and fun atmosphere.

Cooking Camp | 6-12 | Monday-Friday | 9:00 am-12:00 pm | June 24-28

If your child loves being busy in the kitchen, this is the camp! Campers will learn scratch recipes for the whole family. Each day, new recipe will be introduced and campers will learn how to plan, shop, measure, cut, mix, clean, and best of all, enjoy their creations. Bon appetite!

Badminton Camp | 7-12 | Monday-Friday | 1:30-4:00 pm | June 24-28

With play on indoor courts, this camp introduces youth to badminton basics covering rules and skills including backhand, forehand, and serving. Game strategy and practice play for both singles and doubles is covered. Snack provided.

Craft Camp | 5-12 | Monday-Friday | 9:00 am-12:00 pm | July 8-12

Get hands on experience working with different materials and textures like canvas, paint, wood, glue, fabric, paper and more to create your very own one-of-a-kind masterpiece!

Intro to Racquetball Camp | 6-8 | Monday-Friday | 1:30-4:00 pm | July 7-12

Younger campers and those without prior experience are introduced to racquetball rules and skills. Beginning serving, backhand, forehand, strategy will be taught with both singles and doubles practice play. Helps prepare for continuing club youth racquetball programs offered year round. Snack provided.

Racquetball Camp | 8-12 | Monday-Friday | 1:30-4:00 pm | July 15-19

Campers with some prior experience will refresh with racquetball rules and skills, while playing on indoor and outdoor courts. Advanced-beginner and intermediate serving, backhand, forehand, strategy will be taught with both singles and doubles practice play. Prepares youth for continuing club racquetball programs offered year round. Snack provided.

Cheer & Craft Camp | 5-8 | Monday-Friday | 9:00 am-12:00 pm | July 15-19

Calling all cheer leaders! Cheer the week away & enjoy favorite songs, cheers and more. The week includes daily warm-ups, cheer and dance instruction, games, daily snack, and crafts. Camp ends with a performance in the last half-hour of the final day so parents and friends can watch their child perform energetic cheer performance. Open to all.

You Can Sing & Dance Camp | 6-12 | Monday-Friday | 9:00 am-12:00 pm | July 22-26

Discover your voice in this fun creative song and dance camp. Campers will be introduced to different styles of lyrics and dance routines. The week will end with a performance at 11:30 am. Snack provided.

Little Explorers Camp | 3-5 | Monday-Friday | 9:00 am-12:00 pm | July 29-August 2

Little ones will enjoy a camp-like experience with activities such as circle time, games, crafts, songs, and much more. Light snacks are provided daily. Parent must remain on site during this camp.

SWIM CAMPS

Junior Swim Clinics | 8-17 years | 11:00 am-12:00 pm | Two week clinics

June 3-13, June 17-27, July 1-11* (prorated for July 4), July 15-25, July 29-August 8

Aspiring non-team swimmers ages 8-17 learn competitive swim strokes and improve their swimming technique. Offered Monday-Thursday, the two-week sessions conclude with a fun mock swim meet. Points are not kept. Ribbons are awarded for each event entered. Qualified swimmers only. To

participate, children must be able to swim two pool lengths without stopping. Admission offered on first come, space available basis.

Add-on option: This option allows your camper to participate in the Summer Junior Swim Clinic program. Staff will transfer your child from camp to the Swim Clinic with time for changing into swim gear. After the clinic, we will transfer your child back to camp in time for lunch.

Swim School | 3-12 years | 3:00-6:00 pm | June 3-27, July 8-August 1, August 5-29

Small group lessons for preschool (ages 3-6 years) and youth (ages 7-12 years) are offered in various experience levels. Lessons are 25 minutes with a maximum of 3 swimmers up to Level P1/Y1, and four swimmers for all successive levels. Lessons meet for 8x, twice weekly in four-week sessions. You may select lessons on Monday/Wednesday or Tuesday/Thursday.

GOOD TO KNOW

Remember, the less you pack, the easier it is for us to keep track of everything! Please label everything in your bag. Bay Club Pleasanton is not responsible for any lost or stolen items.

Your child will need to bring the following, in a labeled carry bag or backpack:

- Bathing suit
- Swim/Sun Accessories: goggles, swim shirt, hat, etc
- Extra snack or lunch if needed
- Comfortable clothing and soft-soled shoes must be worn every day (we encourage Velcro or slip-on shoes for children who cannot tie their own)
- Extra sunscreen - apply at home, and we will re-apply before any outdoor activity

Do I need to pack a lunch?

Yes, or you may purchase one from our preset camp lunch menu for \$8/lunch. Preset lunches may be arranged daily at camp check-in paid with cash, check, or member house charge. Lunchtime will start at 12:30 pm. One daily snack provided. Extra snacks are suggested for any child enrolled in multiple camps.

Cancelation Policy

Club Camp/Special Interest Camps: Two-week cancellation for full refund less a \$30 processing fee.
Tennis Camp: 50% refund with two-week cancellation. Late Pick-up Fee: \$1/minute

Camper Code of Conduct

Our main goal is to provide each Camper with a safe and secure environment. We want to create a warm, comfortable, and fun atmosphere that will have your child looking forward to coming to Camp each day. Please take a few minutes to review the following Camper guidelines with your child.

While attending Camp at the Bay Club I will...

1. Listen and follow the instructions of counselors and staff.
2. Always stay with my group.
3. Keep my hands and legs to myself.
4. Not act aggressively towards my fellow campers or counselors.
5. Be kind and considerate to my fellow campers.
6. Not tease, taunt, name call, or bully my fellow campers.
7. Tell a Counselor if I see or hear any bullying by another camper.
8. Use the trash receptacles and clean up my messes.

9. Be polite and use proper manners especially “please and thank you”.
10. Be aware while others are talking and will not interrupt.
11. Not bring iPods, cell phones or any electronics to camp.
12. Be a good sport and have a lot of fun!

SAFETY FIRST!

The Bay Club is committed to providing the safest environment possible for all campers. Here are just a few of our safety practices:

- All of our Camp Counselors and Leadership (18 years and older) are background checked, finger printed, and CPR|AED|First Aid trained. They also complete extensive camp orientation covering positive child developmental practices, conflict resolution, anti-bullying, and inclusive team building skills.
- Sunscreen is applied prior to swim and tennis.
- Campers with dietary restrictions or medical needs will be given a bracelet, so all camp staff whom come in contact will be aware and provide appropriate care.
- Campers are adequately supervised when going to and from the bathroom, and will be aided by staff of same sex when needed.
- Campers will change after swimming inside our designated changing areas in the Boys and Girls Locker Rooms. If assistance is needed during changes, a Camp Counselor of same sex will provide help.
- We understand that swimming may bring up concerns for parents and we take the safety of your child very seriously so a swim test will be conducted for all kids under the age of 14. Those who can swim the length of the pool unassisted and can tread water for 60 seconds will be considered “water safe”. Those whom prefer not to test or unable to complete the swim test will have in pool supervision at all times.
- During our M-TH swim time, your child is in great hands with our Certified Swim Instructors. Each day will include a group lesson, with a ratio of 5:1. In addition, Camp Counselors will be on the pool deck throughout the entire lesson to help monitor the campers in the pool.
- At maximum capacity our Counselor to Camper ratio is 8:1. Throughout the day, the ratio may decrease, depending on the activity.
- All campers are checked out using a pin. If anyone other than you or second parent will be picking up, please log on to Bay Club Connect to enter their information. They will then be assigned a PIN number. Campers will not be released without an authorized guardian on file and use of correct pin.
- Throughout the summer all Counselors are required to participate in interactive safety drills that directly relate to children in Camp. Whether it’s a bee sting, a food reaction, or another medical emergency, you can rest assure that your camper is in safe and knowledgeable hands.