### WEEK OF APRIL 27, 2020

# FAMILY PROGRAMMING SUPPLY LIST

#### **TOOLS**

- Markers
- Food Coloring
- Egg Carton
- Shoe box or clear bin
- Plastic Cups
- Small Ball (like soccer ball)
- Paint (specifically White and blue)
- Paint Brushes
- Dish for the Paint
- Printer Paper
- Construction paper (specifically green, spring colors, blue
- Glue Stick

- Masking Tape
- Children's Scissors
- Watercolor (optional)
- Hot Glue
- Tackle Box, Shadow Box, or Tupperware with compartments
- Balloon
- Funnel
- Measure cup or spoon
- Cup or Jar
- Pencil or pen
- Cardboard

### SUPPLIES YOU MIGHT ALREADY HAVE:

- Oil (Vegetable or Coconut)
- Flour
- Cornstarch
- Cotton Shirt
- Rubber Bands
- Vinegar
- Paper clip or Loom Hooks
- Chopsticks or Pencils (if you don't want to use your fingers)

- Umbrella and rain boots optional (but cute!)
- O-Ting
- Rocks (from a nature walk)
- Tiny plastic animals,
- Play Doh
- Popsicle sticks, small twigs, or pipe cleaners (anything that can make a mini fence)
- Stuffed animal
- Books

# SUPPLIES YOU MIGHT NEED TO GO OUT AND GET:

- Popsicle sticks
- Quart sized bag
- Lemon Juice
- Bendy Straws or Pipe Cleaners
- Empty Condiment Bottles
- Hair Elastics or loom bands
- Milk Soap

- Raw Honey
- Oatmeal
- Stress Ball (optional)
- Bubbles (optional)
- Sensory Bottles/Sticks (rain, water) (optional)
- Fidget spinners (optional)
- Kinetic sand (optional)

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## FAMILY PROGRAMMING SUPPLY LIST

### **RECIPE SUPPLY LIST:**

- · Banana Waffles:
  - · Waffle Iron
  - 1 Cup of Oats
  - 2 Bananas
  - 2 Eggs
  - 1 Teaspoon of Vanilla Extract
  - Pinch of Salt
- Ice Cream in a Bag:
  - ½ cup whole milk
  - ½ teaspoon vanilla extract
  - 1½ tablespoons Sugar
  - 6 tablespoons Rock Salt
  - 1 quart size ziplock bag
  - 1 gallon size ziplock bag
  - 3 cups Ice
  - Chocolate Syrup (optional)
  - Chocolate chips (optional)
  - Fresh fruit (optional)

### Hungry Catepillar with Dipping Sauce

- 1 cup confectioners' sugar
- 2 tablespoons milk
- 1/8 teaspoon almond extract
- 1 medium apple, sliced
- 1 teaspoon creamy peanut butter
- 2 fresh thyme sprigs (optional)
- 1 small pear
- 1 clementine
- 2 fresh strawberries
- 1 small cluster green grapes
- ¼ cup unsalted cashews

#### Veggie Fritters:

- 2 cups shredded zucchini
- 2 cups shredded carrots
- 2 cloves garlic, minced
- <sup>2</sup>/<sub>3</sub> cup all-purpose flour
- 2 large eggs, lightly beaten
- ½ cup sliced scallions (green and white parts)
- 2 Tablespoons olive oil
- · Sour cream or yogurt, for serving